

VA/DoD SUICIDE PREVENTION CONFERENCE

One Connection, One Conversation, One Small Act

IT MATTERS

HILTON ANATOLE
2201 North Stemmons Freeway
Dallas, Texas 75207

27 - 29 January 2015



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Dear Attendee:

Welcome to the annual joint Department of Defense / Department of Veterans Affairs Suicide Prevention Conference – “One Connection, One Conversation, One Small Act-It Matters.”

Preventing suicide among our Armed Forces, Veterans and their families is a priority across both Departments and the nation. Our warriors, Veterans, and their loved ones face many challenges, ranging from multiple moves and deployments to separation or discharge from military service, and these are just the obvious ones. They need support and resources for dealing with the adjustments they must make and the everyday stressors that often seem insurmountable.

This opportunity to come together with our colleagues who share a common mission is invaluable. We hope that you will make the most of the next few days and will work together to educate one another, explore the various resources and tools available, discuss emerging research and identify strategies to disseminate this information more broadly.

There is no simple answer when addressing the mission of suicide prevention, but we know that this deserves our highest attention and commitment, and prevention efforts must be a community endeavor. Throughout the next few days we encourage you to ask the tough questions and question the unknowns. We can do so much more together than we ever could alone.

Have a good conference! Our wish for you is to learn, develop new relationships with your colleagues and most importantly return to your work-life setting armed with new tools, resources and ideas.

Caitlin Thompson, PhD
Deputy Director
VHA Suicide Prevention Program
Mental Health Services

Jacqueline Garrick, LCSW-C
Director, Defense
Suicide Prevention Office



Dr. Harold Kudler, M.D.

Chief Consultant for Mental Health Services, VHA

Dr. Kudler received his M.D. from Downstate Medical Center in Brooklyn, New York and completed psychiatric residency training at Yale University where he served as Chief Resident at Yale-New Haven Hospital and, later, as Chief Resident/Clinical Instructor at the Yale Psychiatric Institute. He joined the Duke Faculty in 1984 and is Associate Clinical Professor in its Department of Psychiatry and Behavioral Sciences.

Having served as Assistant Chief of Psychiatry at the Durham Veterans Affairs Medical Center for a number of years, Dr. Kudler is now Mental Health Coordinator for Veterans Integrated Service Network, Number 6. In this capacity, he manages the Mental Health Service Line for eight VA Medical Centers and their outlying facilities (distributed across North Carolina, Virginia and West Virginia) and represents the Network's mental health programs at local national levels.

Dr. Kudler is an advanced candidate in the UNC/Duke Psychoanalytic Education Program (Adult and Child Programs) and is co-founder of the Psychoanalytic Psychotherapy Study Center of North Carolina. He has served as Interim Director of Residency Training, and as Chair of the Residency Curriculum Committee, and is a member of the Residency Executive Committee, Department of Psychiatry, Duke University Medical Center. He served as longstanding member of the Executive Committee of the Medical School Admissions Committee at Duke.

He received the Honored Teacher Award from the Duke University Medical Center Department of Psychiatry in 1983 and the Nancy C.A. Roeske, MD Certificate of Recognition for Excellence in Medical Education from the American Psychiatric Association in May 1996. He chaired the Subcommittee on the Undergraduate Education of the International Society for Traumatic Stress Studies. In 2003, Dr. Kudler was awarded the Edith Sabshin Award from the American Psychoanalytic Association for Excellence in Teaching. Dr. Kudler's expertise in post-traumatic stress disorder (PTSD) stems from clinical and research work with combat veterans, ex-prisoners of war, survivors of other traumatic events, and their families.

He has reported on many aspects of PTSD including its diagnosis, its biological psychological characteristics, and its treatment. Dr. Kudler was the founding Chairperson of the PTSD Practice Guidelines Task Force of the International Society for Traumatic Stress Studies and was the first author of that Task Force's Treatment Guideline for the Psychodynamic Treatment of PTSD. From 2000-2005, Dr. Kudler co-chaired for the Under Secretary for Veterans Affairs' Special Committee on PTSD. This committee which reports directly to a joint committee of the House and Senate on Veterans Affairs, is charged with assessing and guiding the VA's national continuum of PTSD care, education, research, and benefits. In 2002, Dr. Kudler was selected to champion a joint VA/Department of Defense project to develop clinical practice guidelines for the management of traumatic stress. In 2002, again, in 2004, Dr. Kudler was elected to the Board of Directors of the International Society for Traumatic Stress Studies. In 2004, Dr. Kudler was elected Chair of the North Carolina Psychoanalytic Foundation. In 2005, he co-chaired the first Joint DoD/VA Conference on Post Deployment Mental Health and became a Distinguished Fellow of the American Psychiatric Association.



RADM Joan Hunter

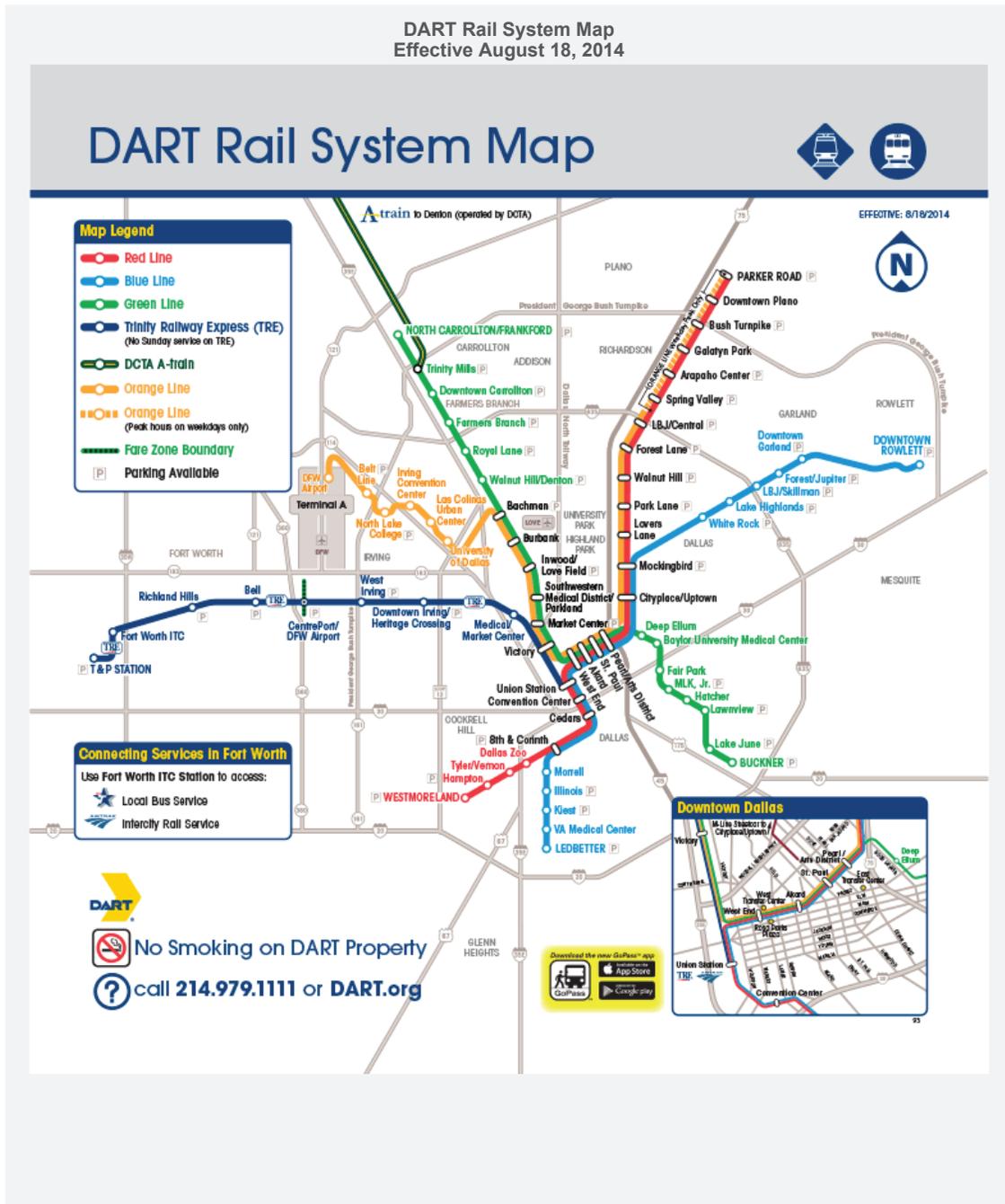
*Assistant Surgeon General
USPHS*

RADM Hunter is the Assistant Joint Surgeon, National Guard Bureau, Joint Surgeon's Office-Psychological Health; a Joint program that supports the behavioral health needs of National Guard Members and their families. In this capacity, she serves as principal staff and advisor to the Chief of the National Guard Bureau. RADM Hunter has been tasked to "build" the National Guard's psychological health program; placing a Director of Psychological Health in every State, Wing and Territory; based on DoD Mental Health Task Force Report recommendations and subsequent DoD Instruction 6490.09. RADM Hunter partners with the NGB J1, Manpower and Personnel Directorate and the J32, the Counterdrug Division, to direct psychological health services.

RADM Hunter is a Commissioned Officer in the U.S. Public Health Service and has been managing psychological health programs for over 20 years. Before assuming this assignment, she held the position of Deputy Division Director, U.S. Department of Health and Human Services, Federal Occupational Health (FOH), Division of Employee Assistance and Work-Life Programs. While at HHS, she directed policy and operations for a federal consortium of 436 Federal agency components; serving the mental health needs of approximately 700,000 Federal employees and their families. While at FOH, RADM Hunter created and directed the first occupational health Law Enforcement Assistance Program, represented HHS, USPHS as a critical incident stress management expert to DHS, FEMA and directed the mental health support operations for deployed FEMA responders. She has also advised Federal agency leaders on best practices in workplace behavioral health management. RADM Hunter has certificates in Advanced Critical Incident Stress Management and Federal Workplace Mediation. She has been a Field Instructor for students at Virginia Commonwealth University and Salisbury University.

RADM Hunter earned her bachelor's degree in Nursing from George Mason University and a Master's degree in Social Work from Virginia Commonwealth University. RADM Hunter has been a conference keynote speaker representing the U.S. Surgeon General and has received numerous awards for her outstanding service, including the HHS Secretary's Award for Distinguished Service.

Dallas DART Info

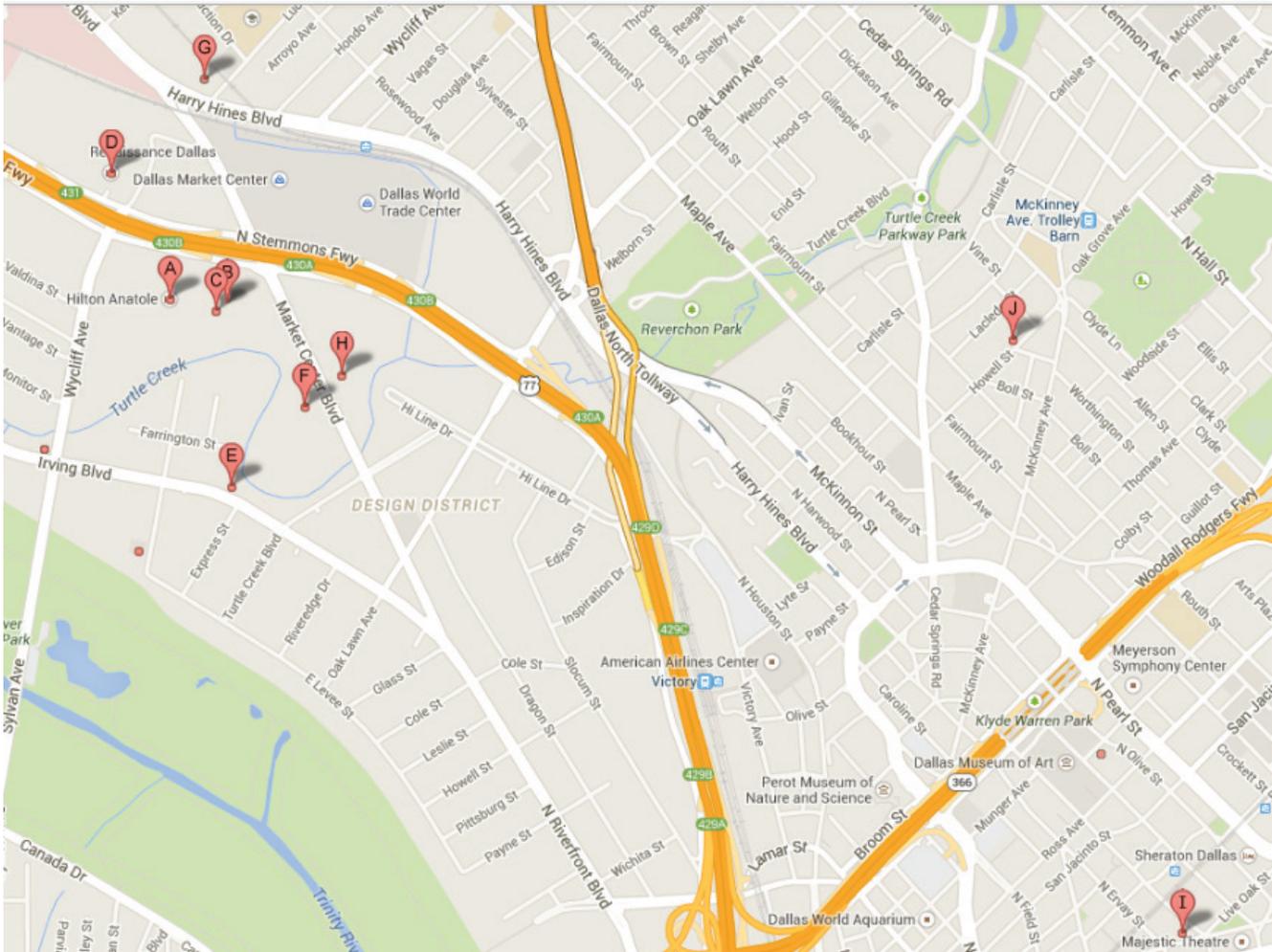


<http://www.dart.org/maps/printerrailmap.asp>[1/20/2015 5:24:27 PM]

Dallas Trolley Info



Dallas Local Restaurants



- A. Hilton Anatole
- B. Nana
- C. SĒR
- D. Renaissance Dallas Hotel
- E. Mama's Daughter's Diner
- F. DoubleTree by Hilton Hotel Dallas - Market Center
- G. Holiday Inn Dallas Market Center
- H. Days Inn Market Center Dallas
- I. Dallas Convention & Visitors Bureau
- J. Rocco's Uptown Pizza & Pasta

ADDITIONAL RESTAURANTS

Slow Bone 2234 Irving Boulevard
Storgio Ventura Inc 119 Manufacturing Street

HILTON ANATOLE THE FACTS



Hilton Anatole is the Dallas area's premier hotel. Expect a warm welcome at this Texas-sized business and vacation retreat with more meeting and event space than any other hotel in the area, and conveniently located to all Dallas has to offer.

AT A GLANCE

- Over 600,000ft² of event space - including extensive outdoor space, 11 ballrooms, 79 meeting rooms and 3 Executive Level floors
- Central U.S. location for national meetings and annual conventions
- 8 restaurants and bars and 24-hour room service
- Wired and wireless internet access in all guest rooms and public areas
- Three swimming pools including an outdoor swim-up bar
- A full-service health & fitness club and therapeutic spa
- 7-acre Sculpture Park with jogging trails, Koi pond and tennis courts
- Extensive collection of museum-class fine art
- Close to the Dallas arts, entertainment and shopping districts



Hilton Anatole
DALLAS

EAT & DRINK

SĒR STEAK + SPIRITS

Dallas' newest, most sophisticated steakhouse - 27 stories up! Succulent steaks, the freshest seafood, a world-class wine list and the best views in Dallas.

MEDIA GRILL + BAR

A high-energy pub serves American fare and drink along with sports and entertainment on 26 HDTVs and nightly DJs and dancing.

GOSSIP BAR

Coffee and pastries in the morning switches to martinis and fine wines in the evening.

THE TERRACE

Open-air café ambiance and a selection of American fare for breakfast.

COUNTER OFFER

Espresso, fresh fruit and breakfast items in the morning, sandwiches and salads in the afternoon, and wine bar and sushi in the evening with small plates, cheeses and more.



OUT & ABOUT

Hilton Anatole is just minutes from the city's entertainment, shopping and arts venues. Catch a game at the American Airlines Center (home of the Dallas Stars and Dallas Mavericks), Cowboys Stadium or the Rangers Ballpark in Arlington, or play golf at an area golf course including the TPC course, home to the Byron Nelson Classic. Go shopping at NorthPark Center, the Galleria or Highland Park Village. Visit the Dallas Zoo, the Dallas World Aquarium or the Museum of Nature and Science. Take in exhibits at the Dallas Museum of Art, Crow Collection of Asian Art, and the new Nasher Sculpture Center, or enjoy concerts at the Meyerson Symphony Center, Dallas Music Hall or the Smirnoff Music Center.

OUR FACILITIES

THE VERANDAH CLUB

Keeping your workout regimen has never been easier with this expansive state-of-the-art health facility, featuring high-end equipment offering Guests an array of exercise options and fitness classes.

V-SPA

Our full-service Spa within the Verandah Club specializes in stress-relief therapies including massages, scrubs, facials, manicures and pedicures.

A LEGENDARY ART COLLECTION

The Art Collection at Hilton Anatole encompasses one of the largest private collections of art and antiques ever assembled for an American hotel. Works by J. Seward Johnson Jr., Josiah Wedgwood and G. Marcel Suchorowsky among others are featured, as well as pieces dating from the fifth century B.C.

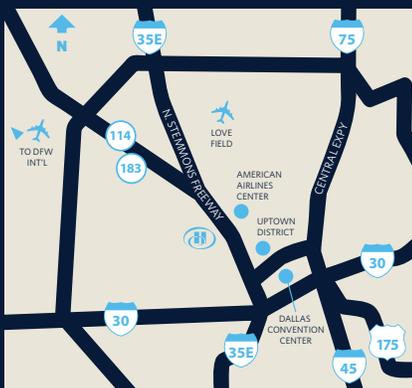
OUR ROOMS

Hilton Anatole offers 1,606 guest rooms including 127 suites on 27 Floors.

GUEST ROOM FEATURES

Each of our guest rooms features the Hilton Serenity Bed™ and Peter Thomas Roth® bath amenities. High-speed internet access and a large work desk with the comfort of a Herman Miller® chair make for a productive stay. We also offer on-demand movies, video check-out and an in-room safe that fits most laptops.

The hotel has 1,606 guest rooms, of which 729 have king beds and 757 have doubles. There are 127 suites, including 4 Presidential and 6 Grand Presidential, and 117 parlors, including 14 Tower Premier, 50 Atrium and 53 Tower.



LOCATION

Hilton Anatole is just three miles from the Dallas Convention Center and a short drive to Dallas/Ft. Worth International Airport and Dallas Love Field Airport.

HILTON ANATOLE

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anatole.hilton.com

MEETINGS

With over 600,000ft² of meeting and event space, 11 ballrooms and 79 meeting rooms, Hilton Anatole can serve any size event. We have three executive floors and a private Executive Lounge.

Our meeting rooms and public areas have state-of-the-art presentation technologies, including high-speed wired and wireless internet access and updated furnishings, carpet and artwork. We also offer full-service in-house audio/visual support and a FedEx Office Business Center open 7 days a week.

Hilton Anatole has everything you need to stage successful meetings or events of any size.



AMERICAS • EUROPE • MIDDLE EAST • AFRICA • ASIA • AUSTRALASIA

CAPACITIES & DIMENSIONS

Whether large or small, business or pleasure, we provide the perfect venue for any event.

- Over 600,000 ft² of premier meeting and event space
- 79 total meeting rooms, including 9 ballrooms:
 - Trinity Ballroom 45,000 ft²
 - Chantilly Ballroom 28,400 ft²
 - Grand Ballroom 17,400 ft²
 - Imperial Ballroom 16,402 ft²
 - Stemmons Ballroom 8,312 ft²
 - Coronado Ballroom 7,482 ft²
 - Cortez Ballroom 6,666 ft²
 - Wedgwood Ballroom 4,620 ft²
 - Carpenter Ballroom 4,557 ft²

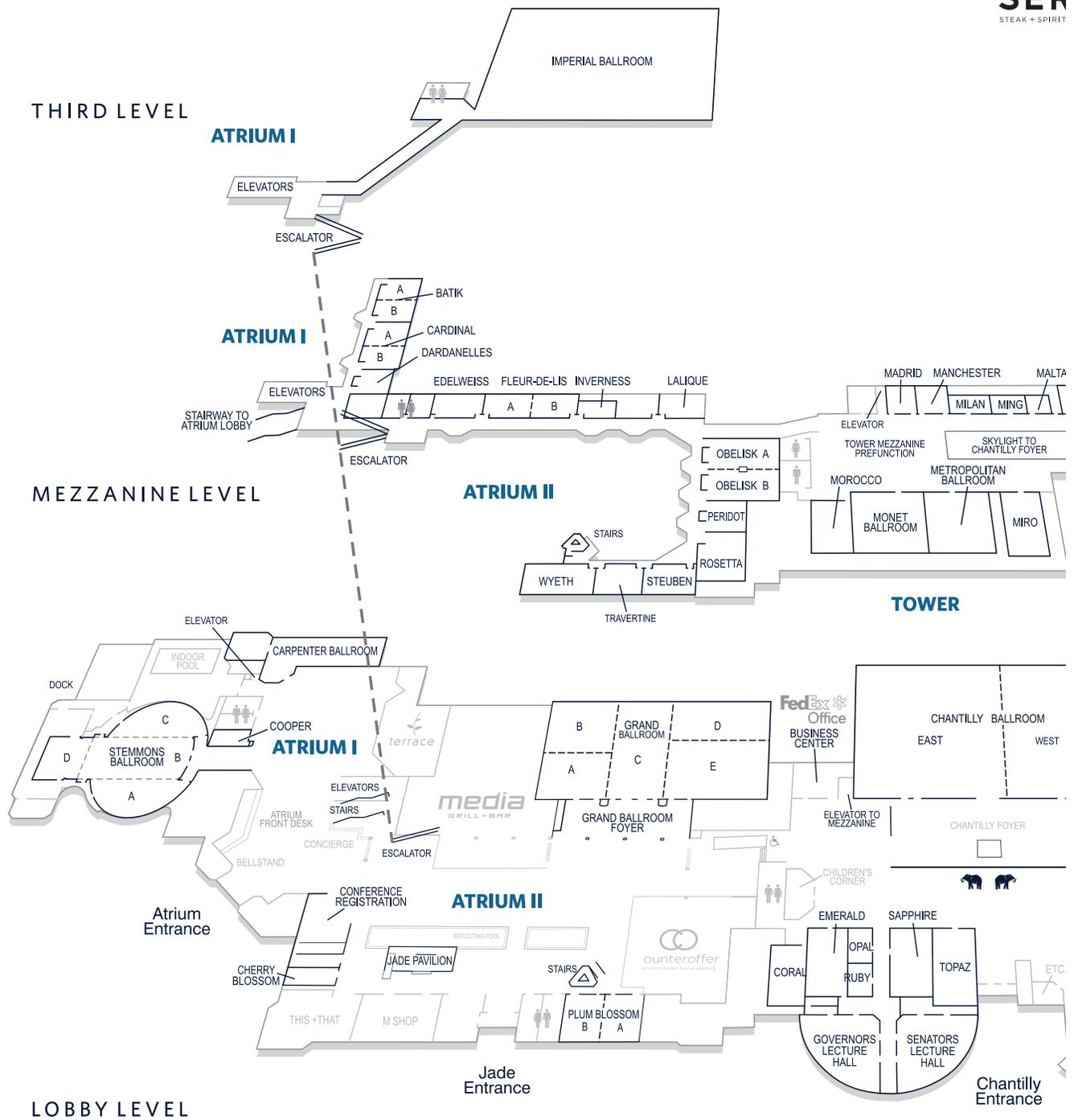
- 95 Suites accommodating breakouts of 5-25 (furniture removal fee may apply)
- Trinity Complex with 128,600 ft² of connected exhibit/function space with formal entry
 - Prefunction Area 10,600 ft²
 - Trinity Exhibit Hall 73,000 ft²
 - Trinity Ballroom 45,000 ft²
- 3 boardrooms
- 2 lecture halls accommodating 165 people each
- Five private meeting/private dining rooms on the 27th floor, all with the backdrop of Dallas
- A private 7-acre Sculpture Park for outdoor events

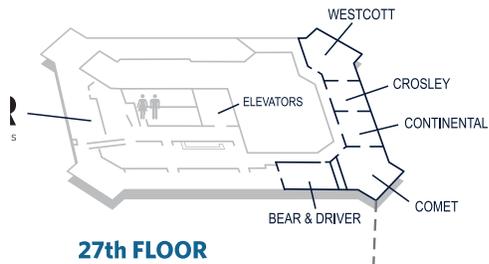
**HIGH-SPEED
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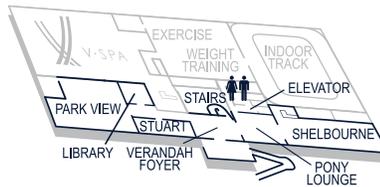
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	Length	Width	Sq. Footage	Height	Banquet	Theater	Reception	Schoolroom	Conference	Hollow Square	U-Shape
ATRIUM I: LOBBY LEVEL											
Atrium I	107	92	9,844		600		800				
Carpenter Ballroom	86	31	4,557	18	240	330	364	160			
Cooper	29	17	493	9	40	53	57	29	26	30	25
Stemmons Ballroom	107	113	8,312	20	660	765	923	566	106	108	102
Stemmons Ballroom A or C	74	36	1,960	20	140	180	217	126	52	54	48
Stemmons Ballroom B	77	40	3,095	20	240	300	343	198	64	78	66
Stemmons Ballroom D	31	42	1,297	16	130	175	144	112	34	54	42
Stemmons Ballroom B and D	107	40	4,392	20	380	500	488	344	100	114	102
MEZZANINE LEVEL											
Batik	57	29	1,653	9	120	172	190	90	56	60	56
Batik A or B	28	29	812	9	60	91	93	49	28	36	29
Cardinal	57	29	1,653	9	120	172	190	90	56	60	56
Cardinal A or B	28	29	812	9	60	91	93	49	28	36	29
Dardanelles	30	23	690	9	60	77	79	42	28	30	24
THIRD LEVEL											
Imperial Ballroom	139	118	16,402	22	1,500	1,860	1,885	1,080			
ATRIUM II: LOBBY LEVEL											
Conference Registration			1,390								
Cherry Blossom	12	36	432	12					24		
Grand Ballroom Foyer	00	58	5,892	9			287				
Grand Ballroom	00	174	17,400	18	1,600	1,900	2,000	1,302			
Grand Ballroom A	50	40	2,000	18	160	205	230	126			
Grand Ballroom B	60	50	3,000	18	250	351	345	187			
Grand Ballroom C	00	50	5,000	18	450	552	575	318			
Grand Ballroom D (accessed via B)	74	50	3,700	18	320	416	425	225			
Grand Ballroom E	74	50	3,700	18	310	385	425	219			
Plum Blossom	56	36	2,016	9	150	225	200	132	48	60	50
Plum Blossom A or B	28	36	1,008	9	74	112	100	66	24	30	25
MEZZANINE LEVEL											
Edelweiss	28	28	784	9	60	80	90	50	28	36	27
Fleur-de-lis	58	27	1,566	9	120	166	180	92	56	60	56
Fleur-de-lis A or B	29	27	783	9	60	92	90	49	28	36	29
Inverness	28	19	532	9	50	63	60	36	26	30	24
Lalique	30	27	810	9	70	95	93	50	28	38	29
Obelisk	57	49	2,793	9	220	250	321	146	46	59	45
Obelisk A or B	49	28	1,372	9	110	170	158	86	46	56	45
Peridot	28	22	616	9	40	64	60	36	26	30	25
Rosetta	49	25	1,225	9	100	144	141	73	46	56	46
Steuben	29	27	783	9	60	90	90	48	24	36	24
Travertine	28	27	756	9	60	90	87	48	24	36	24
Wyeth	43	27	1,161	9	90	128	133	78	36	42	36

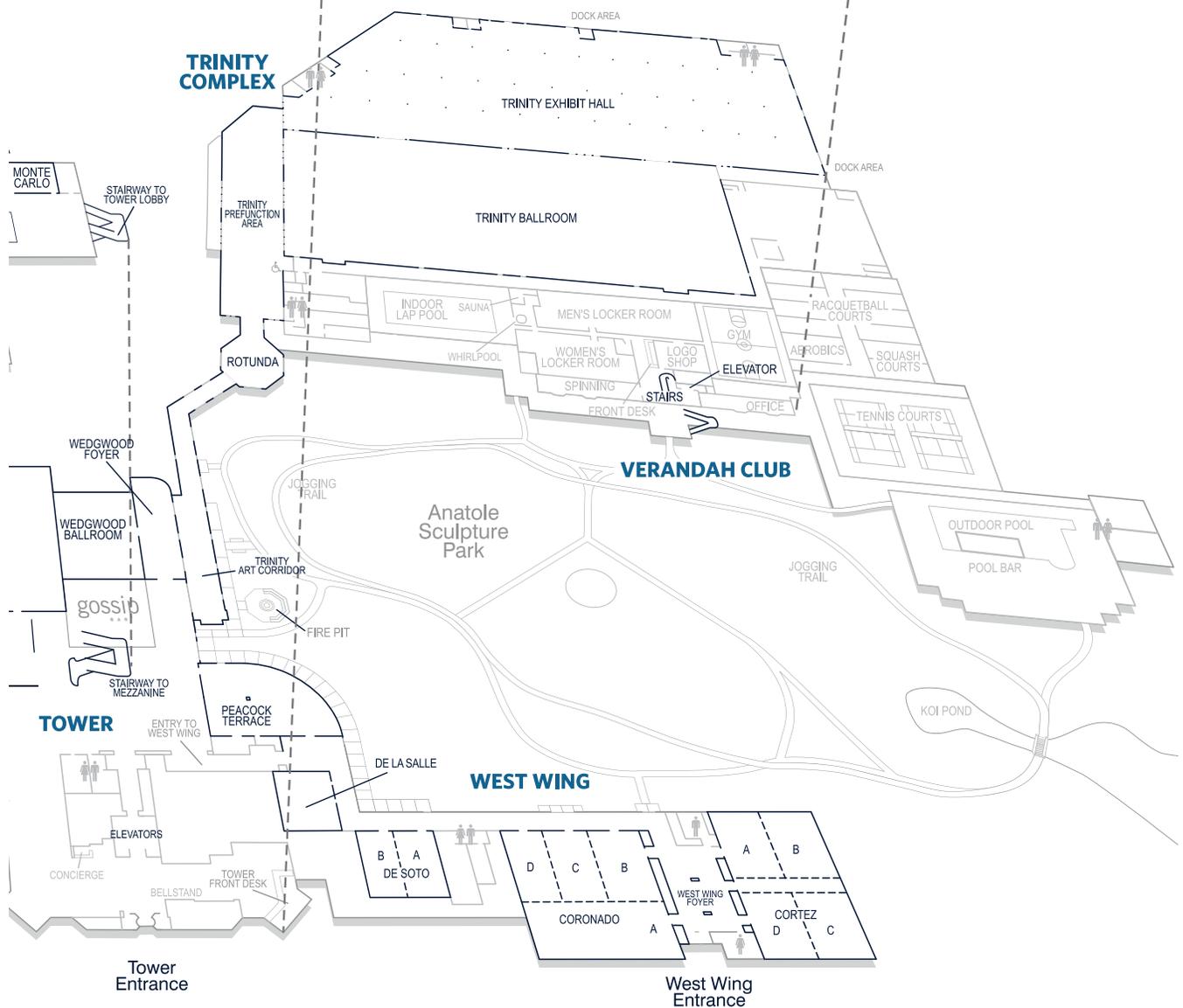




27th FLOOR



V-SPA & VERANDAH CLUB - SECOND LEVEL



	Length	Width	Sq. Footage	Height	Banquet	Theater	Reception	Schoolroom	Conference	Hollow Square	U-Shape
TOWER: LOBBY LEVEL											
Chantilly Prefunction			30,360								
Chantilly Foyer	73	147	9,555				1,100				
Chantilly Ballroom	142	200	28,400	30	2,660	3,260	3,264	1,932			
Chantilly East	142	120	17,040	30	1,560	1,922	1,959	1,170			
Chantilly West	142	80	11,360	30	1,040	1,302	1,305	780			
Coral	53	29	1,537	12	130	180	177	100	46	60	40
Emerald	58	28	1,624	12	140	190	187	120	52	66	40
Governors Lecture Hall			2,585			165		165		Fixed Seating	
Opal	28	15	420	12	30	42	48	27	22	24	14
Ruby	28	15	420	12	30	42	48	27	22	24	14
Sapphire	58	29	1,682	12	150	200	213	110	52	68	56
Senators Lecture Hall			2,708			165		165		Fixed Seating	
Topaz	64	29	1,856	12	170	216	213	132	58	72	
Wedgwood Foyer	87	27	2,160	15			250				
Wedgwood Room	84	55	4,620	17	400	480	531	300			
MEZZANINE LEVEL											
Madrid	34	29	986	12	70	106	113	66	30	42	30
Malta	23	20	460	12		Board Table			10		
Manchester	34	29	986	12	70	106	113	66	30	42	30
Metropolitan	57	49	2,793	12	190	300	288	162	60	84	54
Milan	29	23	667	12	50	72	77	42	24	36	20
Ming	29	23	644	12	50	72	74	42	24	36	20
Miro	59	29	1,711	12	150	200	197	120	54	66	54
Monet	57	57	3,249	12	300	332	350	195	60	90	56
Monte Carlo	44	33	1,452	12						40	
Morocco	56	28	1,568	12	140	184	180	108	50	66	32
Tower Mezzanine Prefunction			12,871								
WEST WING											
Coronado Ballroom	87	86	7,428	18	600	765	765	495			
Coronado Ballroom A	86	43	3,698	18	300	370	370	225	60		
Coronado Ballroom B	43	30	1,290	18	100	130	130	84	36	35	24
Coronado Ballroom C	43	29	1,247	18	100	130	130	84	36	35	24
Coronado Ballroom D	43	28	1,204	18	100	130	130	84	36	35	24
Cortez Ballroom	101	66	6,666	15	540	675	675	432			
Cortez Ballroom A or B	47	33	1,551	15	120	160	160	96	36	45	30
Cortez Ballroom C or D	44	33	1,452	15	120	145	145	92	36	45	30
De La Salle	43	35	1,505	14	120	145	145	84	36	45	30
De Soto	46	49	2,254	14	160	240	240	128	50	60	40
De Soto A or B	46	24	1,104	14	80	120	120	70	22	30	20
Peacock Terrace	88	58	4,293	14	250	220	350	120	55	56	40
West Wing Foyer	58	36	2,088	12			240				
TRINITY COMPLEX											
Combined			128,595								10x10s
Trinity Prefunction	210	45	10,595	17							597
Trinity Ballroom	375	120	45,000	25	3,900	4,740	5,250	3,000			257
Trinity Exhibit Hall	460	165	73,000	18							340
VERANDAH CLUB											
Library	24	15	360	12		Board Table			12		
Park View	56	52	2,780	12	220	108	320	92	44	52	40
Pony Lounge	28	27	756	12	50	84	85	45	22	36	
Shelbourne	57	27	1,536	12	130	168	175	90	52	66	42
Stuart	31	16	496	12	40	48	55	30	28	36	30
27TH FLOOR											
Bear & Driver	27	16	432	14		Board Table			14		
Comet	44	32	980	14	60	81	100	64	24	34	
Continental	26	22	572	14	40	54	50	28	14	28	
Crosley	26	22	572	14	40	54	50	28	14	28	
Westcott	44	32	980	14	60	81	100	64	24	34	

Conference Agenda

Program Schedule Date: January 27, 2015

Time	Topic/Title	Faculty	Room
7:00-8:00 AM	Registration/Sign In	EES Faculty	Registration Desk
8:00-8:15 AM	Announcements Welcome Opening Remarks	Caitlin Thompson Jacqueline Garrick	Grand Ballroom
8:15-8:45 AM	VA Keynote	Chief Consultant for Mental Health Harold Kudler	Grand Ballroom
8:45-9:15 AM	DoD Keynote	RDML Joan Hunter	Grand Ballroom
9:15-10:15 AM	“The Numbers”	Robert Bossarte Chris Dorr	Grand Ballroom
10:15-10:30 AM	Break		
10:30-11:00 AM	Power of One Story- Family Story	MG, U.S. Army, Retired Mark Graham	Grand Ballroom
11:00-11:45 PM	Suicide and Sleep	Wil Pigeon	Grand Ballroom
11:45-1:15 PM	Lunch on your own		
1:15-5:15 PM 2:30-2:45 PM	Breakout Session 1 Research Showcase Break	See Attached Sheet for Presenters	Carpenter Ballroom
1:15-5:15 PM 2:30-2:45 PM	Breakout Session 2 Leveraging Peer Support Break	MG, U.S. Army, Retired Mark Graham Lora Johnson Adam Walsh LCDR Sam Stephens, and Patricia Powell	Rosetta
1:15-5:15 PM 2:30-2:45 PM	Breakout Session 3 “Talking about Hard Things” A workshop on messaging and outreach Break	Rhett Herrera Elizabeth Karras Eileen Zeller Capt Wanda Finch Koby South Caitlin Thompson	Plum Blossom

Program Schedule Date: January 27, 2015 (continued)

Time	Topic/Title	Faculty	Room
1:15-5:15 PM 2:30-2:45 PM	Breakout Session 4 Enhancing Care through Outreach Services and Chaplaincy Integration Break	LtCol Sarah Shirley Shelia O'Mara Robinson Reed Bill Cantrell Kim Ruocco Donna Engeman	Fleur-De-Lis
1:15-5:15 PM 2:30-2:45 PM	Breakout Session 5 Therapeutic Risk Management Break	Hal Wortzel	Obelisk A
1:15-5:15 PM 2:30-2:45 PM	Breakout Session 6 Post Admission Cognitive Therapy for Service Members/ Veterans with Attempted Suicide Break	Marjan Holloway	Obelisk B
5:15 PM	Adjourn		
5:30-7:30 PM	Suicide Prevention and Risk Reduction Committee Meeting *Not for Credit	Jacqueline Garrick	Fleur-De-Lis

Program Schedule Date: January 28, 2015

Time	Topic/Title	Faculty	Room
7:00-8:00 AM	Registration/Sign In	EES Faculty	Registration Desk
8:00-8:15 AM	Announcements	Janet Kemp	Grand Ballroom
8:15-8:45 AM	Power of One Story- Clinician Story	Aimee Johnson	Grand Ballroom
8:45-9:15 AM	Power of One Story – Veterans/Military Crisis Line	Kimberley Mullen	Grand Ballroom
9:15-10:15 AM	Therapeutic Alliance	Craig Bryan	Grand Ballroom
10:15-10:30 AM	Break		
10:30 AM-12:00 PM	Breakout Session VA /DoD CPG tools (Include DoD Means Reduction Guidance w/ Commanders Checklist and VA San Francisco project)	Eric Rodgers Bob Carrington Ernest Degenhardt Megan McCarthy	Carpenter Ballroom
10:30 AM-12:00 PM	Breakout Session Resilience Across the Department of Defense	Barbara Thompson Wendy Lakso Bob Carrington	Fleur-De-Lis
10:30 AM-12:00 PM	Breakout Session Chaplain support to Suicide Prevention Efforts (to include Moral Injury) • Moral Injury • Preparing the Organization for Deployment and Return	COL Tom Waynick Capt James Galyon	Obelisk A
10:30 AM-12:00 PM	Breakout Session Ethical Decision Making – Suicide Prevention in the Military	Carrie Kennedy	Obelisk B
10:30 AM-12:00 PM	Breakout Session A: Using DBT techniques in SP B: Using Problem Solving techniques in SP	Sara Landes Sean Barnes	Rosetta
10:30 AM-12:00 PM	Breakout Session A. The Intersection of Domestic Abuse and Suicide B. MST and Suicide	Keita Franklin Catherine Cerulli	Wyeth

Program Schedule Date: January 28, 2015 (continued)

Time	Topic/Title	Faculty	Room
10:30 AM-12:00 PM	Breakout Session Transition Periods and Suicide Risk	Carl Castro	Plum Blossom
10:30 AM-12:00 PM	Breakout Session Safety Planning Update Use of Naloxone	Brooke Levandowski Elizabeth Olivia	Lalique
12:00-1:30 PM	Lunch		
1:30-2:30 PM	“Suicide Risk Assessment Revisited”	Alan Berman	Grand Ballroom
2:30-3:00 PM	Power of One Story- Community Story	CW5 Rodney Crow	Grand Ballroom
3:00-3:30 PM	National Strategy for Suicide Prevention Update	Richard McKeon	
3:30-3:45 PM	Break		
3:45-5:15 PM	Breakout Session VA /DoD CPG tools (Include DoD Means Reduction Guidance w/ Commanders Checklist and VA San Francisco project)	Eric Rodgers Ernest Degenhardt Bob Carrington Megan McCarthy	Carpenter Ballroom
3:45-5:15 PM	Breakout Session Resilience and Preservation of Force and Family (POTFF) Programs	Barbara Thompson Wendy Lakso Bob Carrington	Fleur-De-Lis
3:45-5:15 PM	Breakout Session Chaplain support to Suicide Prevention Efforts (to include Moral Pain) • Moral Injury • Preparing the Organization for Deployment and Return	COL Tom Waynick Capt James Galyon	Obelisk A
3:45-5:15 PM	Breakout Session Ethical Decision Making – Suicide Prevention in the Military	Carrie Kennedy	Obelisk B

Program Schedule Date: January 28, 2015 (continued)

Time	Topic/Title	Faculty	Room
3:45-5:15 PM	Breakout Session A: Using DBT techniques in SP B: Using Problem Solving techniques in SP	Sara Landes Sean Barnes	Rosetta
3:45-5:15 PM	Breakout Session A. The Intersection of Domestic Abuse and Suicide B. MST and Suicide	Keita Franklin Catherine Cerulli	Wyeth
3:45-5:15 PM	Breakout Session Transition Periods and Suicide Risk	Carl Castro	Plum Blossom
3:45-5:15 PM	Breakout Session Safety Planning Update Use of Naloxone	Brooke Levandowsky Elizabeth Olivia	Lalique
5:15 PM	Adjourn		

Program Schedule Date: January 29, 2015

Time	Topic/Title	Faculty	Room
7:00-8:00 AM	Registration/Sign In	EES Faculty	Registration Desk
8:00-8:30 AM	Announcements	Caitlin Thompson Jacqueline Garrick	Grand Ballroom
8:30-9:15 AM	VA Session	Caitlin Thompson Janet Kemp	Carpenter Ballroom
8:30-9:15 AM	DoD Session	Jacqueline Garrick	Grand Ballroom
9:15-9:30 AM	Break		
9:30 AM-12:30 PM	VA Session	Caitlin Thompson Janet Kemp	Carpenter Ballroom
9:30 AM-12:30 PM	DoD Session	Wendy Lakso LtCol Kathleen Crimmins Steve Holton Adam Walsh	Grand Ballroom
12:30 PM	Adjourn		

Research Workshop Presentation Titles and Abstracts

The Research Workshop Session will consist of multiple presentations that fit into one of three general categories: Epidemiology, Assessment, and Intervention. Presenters in each category will have 20 minutes to present their work, which will be followed by a 15-minute moderated discussion/question period (Moderators: Nazanin Bahraini and Lisa Brenner).

1. Army STARRS: Identifying Predictors of Suicidal Behavior Among US Army Soldiers

Sub-title: Reducing the haystack straw to needle ratio

Kenneth Cox, MD, MPH

The Army Study to Assess Risk and Resilience in Servicemembers is a complex research effort that integrates epidemiologic and neurobiologic findings in an effort to identify risk and protective factors for suicide and psychological health. The presentation will include a summary of findings and describe a risk assessment model that identifies small groups of Army Soldiers at greatly elevated risk for suicide, accident death, and other unwanted outcomes. Additionally, there will be an overview of how the DoD is going to follow a prospective cohort of 110,000 servicemembers over the next five years.

2. Suicide ideation and attempt among male and female OEF/OIF Veterans within the first five years following separation from the military: Preliminary findings from the Survey of Experiences of Returning Veterans (SERV)

Claire Hoffmire, PhD

The Survey of Experiences of Returning Veterans (SERV) is a longitudinal cohort study designed to study gender differences in post-deployment health and functioning among Veterans within five years of discharge from active military service. Preliminary findings on self-reported suicide ideation and attempt will be presented with an emphasis on discussing gender differences in risk factors for non-fatal suicidal behavior including pre-military experiences, deployment experiences, and post-deployment experiences and health.

3. Suicidal behavior and spiritual functioning in a sample of Veterans diagnosed with PTSD

Marek S. Kopacz, MD, PhD

While a sense of spiritual and/or religious well-being has been lauded as protective against suicide, no published data exists to document the validity of this relationship in an at-risk population of Veterans. This study aims to examine differences in self-reported history of suicidal thoughts and behavior in a sample of Veterans admitted for treatment at a residential PTSD care facility, adjusted for different dimensions of spiritual functioning.

4. Sex-related Differences in Suicidal Self-Directed Violence among Veterans with Traumatic Brain Injury

Erin McGlade, PhD

Previous investigations of TBI in male and female veterans have suggested a number of sex related differences in cognitive function, comorbid syndromes, and outcome measures. We will present recent data acquired on male and female veterans with TBI and their associations with suicidal ideation and suicide attempts.

5. Benefits and Limitations of Suicide Risk Assessment processes in VA

Steve Dobscha, MD

Dr. Dobscha will present main results from the mixed methods HSR&D-funded study entitled,

“Outcomes and Correlates of Suicidal Ideation in OEF/OIF Veterans.” He will specifically discuss VA’s suicidal ideation and suicide risk assessment processes, Veteran perspectives on these processes, how primary care clinicians may respond to brief risk assessment results, and the limitations of structured screening and assessment tools in predicting subsequent suicide behaviors.

6. Examining How VA Providers Determine Suicide Risk in Veterans

James Pease, PhD

This cross-sectional study was designed to examine the suicide risk assessment practices of Suicide Preventions Coordinators (SPCs) within the Veterans Healthcare Administration. Specifically, we sought to identify which factors SPCs considered most important in assessing risk and patient priority, as well as measure the level of consistency and agreement amongst SPCs in assessing suicide risk. SPCs took an online survey consisting of 30 fictional vignettes to determine the likelihood of imminent and six month risk for suicide, as well as how they would prioritize individuals on their caseload. The findings provide insight into how this group of providers thinks about acute and chronic risk factors contributing to imminent suicide risk in Veterans.

7. Developing Risk Stratified Interventions for Suicide Prevention

Ira Katz, MD

To be added

8. Use of a Computer-based Intervention focused on Anxiety Sensitivity for Suicide Prevention

Norman B. Schmidt, PhD

The empirical literature suggests a robust association between suicide and anxiety yet this remains an underexplored area of work. In the current presentation, I will delineate recent work from our laboratory highlighting a potential mechanism that may account for this association. Specifically, Cognitive Anxiety Sensitivity (CAS: fear of cognitive arousal symptoms) have been shown to be related to suicide symptoms. As part of a grant from the Military Suicide Research Consortium, we developed and evaluated a brief, computer-based intervention for reducing CAS. Findings from a randomized controlled trial indicated that changes in CAS mediated the relationship between the intervention and suicide symptoms at follow-up. Implications of this work will be discussed.

9. Feasibility and Acceptability of Caring Contacts via Text: Increasing Connection with Active Duty Marines and Soldiers to Prevent Suicide Attempts and Ideation

Kate Comtois, PhD

Increased suicidal behaviors and death by suicide among active duty Service Members have gained considerable attention as active duty males now carry-for the first time in history-a risk of death by suicide that is greater than comparable men in the general population. Furthermore, Service Members are at increased risk for suicide due to their access to lethal means. In 2009, the majority (59%) of military suicides were by firearm. While there is access to behavioral health services in the military, many Service Members choose not to use them or don’t find them helpful, suggesting the need for innovative interventions to prevent suicide. This study reports evidence for the feasibility and acceptability of an intervention to prevent suicidal ideation and attempts in active duty Soldiers and Marines using caring contacts via text message (CCVT). “Caring contacts” (connecting via non-demanding expressions of caring and concern) by letters, postcards, phone, and (in person) visits have been shown to reduce suicide deaths, attempts, and/or ideation in previous clinical trials. This study extends this research to use the technology of text messaging to connect with a young and transitory active duty population.).

In this presentation, we will also update with new cases and add the results of our 12-month post-CCVT interviews with participants in which their satisfaction with and opinions about CCVT are assessed, demonstrating that caring contacts via text are an acceptable and feasible intervention and our study procedures are also feasible and acceptable.

10. The Virtual Hope Box Smartphone App: Proof of Concept in a Clinical Sample of Veterans

Nigel Bush, PhD

A “Hope Box” is a therapeutic tool employed by behavioral health clinicians with patients who are having difficulty coping with negative thoughts and stress. Patients store personal items in a box or other container that they can refer to during feelings of hopelessness. We developed a “Virtual” Hope Box (VHB) smartphone app containing a suite of tools collectively providing support, distraction, inspiration, relaxation, and coping, through multimedia. Methods: We employed a cross-over, counterbalanced design, with 18 behavioral health patients in treatment at a large VA medical center for Borderline Personality Disorder, Bi-polar Disorder, Treatment Refractory Depression or PTSD. Patients used both personalized “physical” hope boxes (PHBs) and VHBs as part of their therapy. Providers helped patients tailor the PHBs and VHBs to their individual needs. Patients then used their PHBs and VHBs away from the clinic. Results: Compared to the PHB, more patients a) used the VHB regularly; b) found the VHB beneficial and helpful; c) said they were likely to use the VHB in the future and; d) would recommend the VHB to peers. Patients cited the helpfulness of VHB with managing distress, negativity, hopelessness, anger, and various other symptoms. Participating behavioral health clinicians were unanimous in their praise for the VHB as an eminently useful therapeutic tool. Conclusion: While a smartphone app may not be a substitute for in-person care, it does have the advantage of 24-7 accessibility for when that care is not available. We believe that the virtual hope box smartphone app offers clinicians and their patients a valuable tool to supplement face-to-face treatment for stress and negative thinking.

Conference Objectives and Accreditations

Purpose Statement

The Services and the VA have found that a comprehensive public health approach to suicide prevention which includes line leader involvement, peer interaction and appropriate clinical care when needed, are vital to preventing suicide. As a mandated collaboration of VA and DoD, this year's Suicide Prevention conference: 'Back to Basics' emphasizes the value of and appreciation for active leadership, disciplined practices, strong clinical skills and Service accountability. By noting a training gap in this area this program's agenda is designed to reinforce core skills for suicide prevention training so that leaders at all levels and in multiple settings can better support the force and enhance the quality of life for Service members, Veterans, family members, and Department of Defense Civilians. This year's face to face conference will have three tracks focused on core skills in suicide prevention training: (1) clinical (2) research and (3) practical application.

Target Audience

The primary target audience for this conference is caregivers, clinicians (e.g., psychologists, social workers, physicians, nurses, counselors), researchers, suicide prevention and postvention specialists and military operational leaders. Service members, Veterans, and their families with interest and involvement in suicide prevention may also benefit.

Outcome/Objectives

At the conclusion of this educational program, learners will be able to:

1. describe a variety of opportunities focused on the ability of one person, one act or intervention or one encounter that is grounded in the current state of empirically supported research, clinical practice and prevention programs to have the power to change the trajectory of crisis and suicide for Service members, Veterans and families;
2. apply evidence-based or informed approaches in suicidology to prevention, research and clinical practice within and across DoD and VA communities;
3. describe the current state of prevention approaches and practical applications in suicide programs within and across DoD and VA communities;
4. identify opportunities to enhance and incorporate suicide prevention and postvention strategies for Service member and Veteran populations by accessing resources available from caregiver and family organizations, community and faith-based organizations, educational institutions, professional societies or other sources;
5. describe strategies for increasing attention to and resources for suicide research, prevention, and treatment for Service member and Veteran populations;
6. apply the most up-to-date information regarding best practices to address suicide prevention, assessment, intervention and postvention activities for Service member and Veteran populations;
7. apply practical tools and solutions for implementing evidenced based assessment, management, treatment and aftercare approaches in clinical settings;
8. implement suicide prevention strategies that have demonstrated effectiveness in the DoD and VA environments;
9. build cooperative opportunities between and within the DoD, VA and the community at large to assist in implementing and making available the effective suicide prevention strategies for Service members and Veterans; and
10. identify and interpret suicide risk and protective factors based on the latest evidence-based research conducted in the DoD/VA.

Accreditation/Approval

The accreditation organizations for this course are listed below.

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

American Psychological Association (APA)



The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VHA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Note: ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.

National Board for Certified Counselors (NBCC)



The Veterans Affairs Employee Education System is an NBCC-Approved Continuing Education Provider (ACEPTM) Provider #5927 and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Designation of Continuing Education

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

This course provides *Category 1 AMA Physicians Recognition Award*[™] CME credit (ACCME) for physicians. **ACCME – NP (or ACCME-Non-Physician)** may be used to provide attendees other than MDs, DOs a certificate that documents their attendance, and indicates that the accredited provider offered *Category 1 AMA Physicians Recognition Award*[™] CME credit for the course or activity. ACCME – Non-Physician refers to nurses, physician assistants, and healthcare professionals other than physicians.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the VA Employee Education System and Department of Defense. The VA Employee Education System is accredited by the ACCME to provide continuing medical education for physicians.

American Psychological Association (APA)



As an organization approved by the American Psychological Association, the Employee Education System (EES) is sponsoring this activity for 16.5 hour(s) of continuing education credit. The Employee Education System maintains responsibility for this program and its content.

This program is co-sponsored by the VHA Employee Education System and Department of Defense. The VHA EES is approved by the American Psychological Association to sponsor continuing education for psychologists. The VHA EES maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VHA Employee Education System designates this educational activity for 16.5 contact hours in continuing nursing education.

Note: ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.

Association of Social Work Boards (ASWB)

The VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. <http://www.aswb.org> ASWB Approval Period: 4/7/13 - 4/7/16. Social workers should contact their regulatory board to determine course approval.

Social workers will receive 16.5 continuing education clock hours in participating in this course.

The California Board of Behavioral Sciences (CA BBS)

The Veterans Affairs Employee Education System (Provider #PCE3204) asserts that this educational activity meets the qualifications for 16.5 hours of continuing education credit for Marriage and Family Therapist MFTs and / or for LCSWs as required by the California Board of Behavioral Sciences.

National Board for Certified Counselors (NBCC)



The Veterans Affairs Employee Education System is an NBCC-Approved Continuing Education Provider (ACEPTM) Provider #5927 and designates this approved activity for 16.5 clock hour(s).

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate of completion from EES, you must register in the TMS, attend 100% of the program and complete the evaluation as directed in SEES, and then: go into your Completed Work, hover over the title, and choose View Details to print your accredited certificate. For ACPE accreditation, participants must provide their Birthdates (month and date) and their NABP e-Profile ID numbers in their Personal Profiles in TMS.

Report of Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Accessibility Statement: (Reasonable Accommodation)

The U.S. Department of Veterans Affairs (Employee Education System) is committed to providing equal access to this meeting (or event) for all participants. If you need alternative formats or services because of a disability, please contact Kristie Short, Project Manager, Employee Education Resource Center, #1 Jefferson Barracks Drive, St. Louis MO, phone: 314-652-4100 ext. 65743, or e-mail: Kristie.Short@va.gov with your request by close of business 1/16/2015.

Disclosure Statement

The VA Employee Education System (EES) must ensure balance, independence, objectivity, and scientific rigor in all of its individually sponsored or jointly EES sponsored educational activities. All prospective faculty and planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and / or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes, but is not limited to, such things as personal receipt of grants or research support, employee or consultant status, stockholder, member of speakers' bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

The faculty and planning committee members reported that they had no relevant financial relationships with commercial entities in any amount that occurred within the past 12 months that create a conflict of interest.

This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

Speaker Biographies

Nazanin Bahraini, PhD

Nazanin Bahraini, PhD, is a licensed clinical psychologist and Assistant Professor of Psychiatry and Physical Medicine and Rehabilitation at the University of Colorado, Anschutz School of Medicine. Dr. Bahraini is also the Director of Education for the Rocky Mountain Mental Illness Research, Education, and Clinical Center (MIRECC), which is focused on developing and disseminating educational tools and resources for Veterans, family members, and the community in the area of suicide prevention. Her areas of research interest are traumatic brain injury, posttraumatic stress disorder and other co-morbid psychiatric conditions that affect outcomes for returning Veterans.

Sean M. Barnes, Ph.D.

Sean M. Barnes, Ph.D. is a clinical research psychologist at the Rocky Mountain Mental Illness Research, Education, and Clinical Center (MIRECC) and Assistant Professor of Psychiatry at the University of Colorado, Anschutz School of Medicine. His primary research interests include suicide risk assessment, risk management, and prevention. His recent work has focused on identifying behavioral markers of suicide risk and applying them to suicide risk assessment. He is also working with Dr. Brenner and colleagues at the Rocky Mountain MIRECC to develop and pilot test a form of Problem Solving Therapy aimed at suicide prevention among hopeless Veterans with a history of moderate to severe traumatic brain injuries. Dr. Barnes provides clinical consultation and assessment to medical and mental health providers as a member of the VA ECHCS Suicide Consultation Service, psychotherapy for Veterans, and supervision for psychology trainees.

Dr. Alan L. Berman (LANNY)

Dr. Berman served as the Executive Director of the American Association of Suicidology (AAS) from 1995-2014. He is a Past-President of the AAS (1984-1985) and their 1982 Shneidman Award recipient (for Outstanding Contributions in Research in Suicidology). In 2006 Dr. Berman received the AAS's Louis I. Dublin Award for outstanding service and contributions to the field of suicide prevention. Dr. Berman holds a B.A. degree from the Johns Hopkins University and a Ph.D. from the Catholic University of America. From 1969 to 1991 he taught at the American University (AU) where he attained the rank of tenured full professor. Since 1991 Dr. Berman has been a Distinguished Adjunct Professor at AU. In 1991 he was named Director of the newly established National Center for the Study and Prevention of Suicide at the Washington School of Psychiatry, a position he held until accepting his Executive Director position with the AAS in January, 1995. A Diplomate in Clinical Psychology (American Board of Professional Psychology) and a Fellow of the American Psychological Association, Dr. Berman maintains a part-time private practice of psychological and forensic consultation in Washington, D.C. He has published over 125 professional articles and book chapters. From 1990-1994, he served as Case Consultation Editor of the journal *Suicide and Life Threatening Behavior* (SLTB). In 1994 Dr. Berman was elected Editor-in-Chief of SLTB; however, he resigned this position when he was chosen as the AAS's Executive Director. He remains a consulting editor to SLTB and three other journals. He is a Fellow of the International Academy of Suicide Research. In 2009 and in 2011 Dr. Berman was twice elected President of the International Association for Suicide Prevention (IASP), after previously serving as 1st Vice President and Treasurer of IASP. He served as the President of Section (VII) of Behavioral Emergencies of the Division of Clinical Psychology (Div. 12) of the American Psychological Association in 2004. Dr. Berman appears frequently on both national and local media. He has appeared on *The Today Show* (2x), *Good Morning America*, *Hour Magazine*, and *The Larry King Show*. He has testified on Capitol Hill three times: on suicide among Vietnam combat veterans, on teenage suicide, and on the U.S.S. Iowa explosion. In 1996 he was appointed Consultant to the Office of Independent Counsel to investigate and finalize their report on the 1993 death of White House Counsel Vincent Foster, Jr. He served on the HHS Federal Task Force on Youth Suicide Prevention (1985-6) and was an initiating member of the Centers for Disease Control sponsored "Working Group" on the

operational criteria for the classification of suicide and the NIMH sponsored conference on developing a nomenclature for suicide morbidity. Further, he served on three Task Forces of the National Action Alliance for Suicide Prevention and was appointed to the Action Alliance's Executive Committee in 2013. He frequently is asked to serve as an expert witness in legal cases involving suicide malpractice and wrongful death and has a national reputation as a teacher and professional workshop leader on the topics of suicide and youth suicide (assessment and intervention). In 2009, he was Board Certified in Forensic Suicidology by the American Association of Suicidology. In 2009-2010 Dr. Berman was one of only seven civilians to receive a Congressional appointment to the Department of Defense Task Force on the Prevention of Suicide among Members of the Armed Forces. Dr. Berman has edited (1) *Suicide Prevention: Case Consultations* (1990), N.Y.: Springer; is the senior author of (2) *Adolescent Suicide: Assessment and Intervention* (1991), Wash., D.C.: American Psychological Association (David Jobes, co-author). [The 2nd Edition of *Adolescent Suicide: Assessment and Intervention* was published by the APA in 2005 with Morton Silverman as a 3rd author]; and co-edited: (with Drs. Ronald Maris, John Maltzberger, and Robert Yufit) (3) *Assessment and Prediction of Suicide* (1992, NY: Guilford Press), (4) *Suicidology: Essays in Honor of Edwin S. Shneidman* (1995: with Drs. Antoon Leenaars, Pamela Cantor, Ron Maris, and Robert Litman), (5) *Risk Management with Suicidal Patients* (1998: NY: Guilford; with Drs. Bruce Bongar, Ron Maris, Morton Silverman, Erik Harris, and Wendy Packman); is co-author of (6) *The Comprehensive Textbook of Suicidology and Suicide Prevention* (2000: NY: Guilford; with Drs. Ronald Maris and Morton Silverman. His latest book, co-edited with Maurizio Pompili, MD, (7) *Medical Conditions Associated with Suicide Risk*, was published in April, 2011.

Robert M Bossarte

Dr. Robert Bossarte is the Director for the Epidemiology Program in in VA's Office of Public Health and holds a faculty appointment in the Department of Psychiatry at the University of Rochester. He also serves as Co-Coordinator for the Joint VA/DoD Suicide Data Repository. His research focuses on suicide prevention and other high risk behaviors, with an emphasis on understanding the associations between community characteristics and individual behaviors.

Lisa A. Brenner, PhD

Lisa A. Brenner, PhD, is a Board Certified Rehabilitation Psychologist, and a Professor of Psychiatry, Neurology, and Physical Medicine and Rehabilitation (PM&R) at the University of Colorado, Anschutz School of Medicine, and the Director of the Veterans Integrated Service Network (VISN) 19 Mental Illness Research, Education, and Clinical Center (MIRECC; <http://www.mirecc.va.gov/visn19/>). She is the Research Director for the Department of PM&R. Dr. Brenner is also a Fellow of the American Psychological Association, Division 22, Rehabilitation Psychology. Her primary area of research interest is traumatic brain injury, co-morbid psychiatric disorders, and negative psychiatric outcomes including suicide. She serves as the Research Division Director for the American Association of Suicidology, and an Associate Editor of the *Journal of Head Trauma Rehabilitation*. Dr. Brenner has numerous peer-reviewed publications, participates on national advisory boards, and is currently co-authoring a book regarding neurodisability and suicide.

Craig J. Bryan, PsyD, ABPP

Dr. Craig J. Bryan, PsyD, ABPP, is a board-certified clinical psychologist in cognitive behavioral psychology, and is currently the Executive Director of the National Center for Veterans Studies at The University of Utah. Dr. Bryan received his PsyD in clinical psychology in 2006 from Baylor University, and completed his clinical psychology residency at the Wilford Hall Medical Center, Lackland Air Force Base, TX. He was retained as faculty in the Department of Psychology at Wilford Hall Medical Center, where he was Chief of the Primary Care Psychology Service, as well as the Suicide Prevention Program Manager for Lackland AFB. Dr. Bryan deployed to Balad, Iraq, in 2009, where he served as the Director of the Traumatic Brain Injury Clinic at the Air Force Theater Hospital. Dr. Bryan separated from active duty service shortly after his deployment, and currently researches suicidal behaviors and suicide prevention strategies, and psychological health and resiliency. He currently oversees two treatment studies totaling approximately \$3 million testing cognitive behavioral treatments for suicidal service

members, and is the lead risk management consultant for the \$25 million STRONG STAR Research Consortium investigating treatments for combat-related PTSD among military personnel. Dr. Bryan is on the Board of Directors of the American Association for Suicidology, and is considered a leading national expert on military suicide. He is a consultant to the Department of Defense for psychological health promotion initiatives and suicide prevention, and has briefed Congressional leaders on these topics. He regularly provides training to clinicians and medical professionals about managing suicidal patients, and has authored over 70 scientific publications and book chapters, including the book *Managing Suicide Risk in Primary Care* and the forthcoming book, *Handbook of Psychosocial Interventions for Veterans: A Guide for the Non-Military Mental Health Clinician*. For his contributions to military suicide prevention, posttraumatic stress disorder, and traumatic brain injury, Dr. Bryan was recognized in 2009 by the Society for Military Psychology with the Arthur W. Melton Award for Early Career Achievement and in 2013 by Psychologists in Public Service with the Peter J.N. Linnerooth National Service Award.

Nigel Bush, PhD

Nigel Bush, PhD, is the Deputy Director of Research at the National Center for Telehealth and Technology (T2) at Joint Base Lewis McChord, WA, a component of the Department of Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury (DCOE). Dr. Bush's activities encompass diverse projects researching health technology solutions for psychological health and traumatic brain injury. Dr. Bush received a BSc with Honors in Psychology in 1979 from the University of Nottingham and a PhD in Psychology in 1986 from the University of Southampton, both in the UK. In 1990, he completed a postdoctoral Fellowship in Cancer Pain and Toxicity research at the University of Washington in Seattle. Between 1987 and 2009, Dr. Bush was a senior staff scientist at the Fred Hutchinson Cancer Research Center in Seattle, before joining T2 in 2009. Most recently, he has specialized in development and evaluation of smartphone "apps" to address behavioral health issues in the US military.

Robert S. Carrington

Mr. Bob Carrington, the son and grandson of career naval officers, was born in Norfolk, Virginia on 24 March 1957. After enlisting in the Army in June 1975, he completed Basic Combat Training at Fort Dix, New Jersey and attended the U.S. Military Academy Preparatory School in Fort Monmouth, New Jersey. He graduated from the U.S. Military Academy and was commissioned as an Infantry Second Lieutenant in May 1980. After attending various infantry schools at Fort Benning, Georgia, Second Lieutenant Carrington reported to Erlangen, Germany and was assigned as a Rifle Platoon Leader to Company B, 1st Battalion, 46th Infantry Regiment in March 1981. In October 1981, he became the Company Executive Officer. Following that assignment, he was selected to serve as the Battalion Adjutant in April 1982. In December 1983, First Lieutenant Carrington took command of a rifle company, in this same battalion. Captain Carrington completed the Infantry Officers Advanced Course in January 1986. While at Fort Benning, GA, he was selected for advanced civil schooling with a subsequent assignment to West Point, New York. Captain Carrington graduated from Auburn University in June 1987 with a Master of Education degree in Counseling Psychology. At the U.S. Military Academy, Captain Carrington was assigned to the Cadet Counseling Center where he served concurrently as a Cadet Counselor and as the center's Administrative Director. In September 1991, Captain Carrington was assigned to Frankfurt, Germany as a V Corps G-3 Operations Officer, Major Carrington subsequently served as the G-3 Executive Officer and later as a Plans Officer. In May 1993, Major Carrington was selected to be the Secretary of the General Staff of the 21st Theater Army Area Command in Kaiserslautern, Germany, with the additional duty to command the Special Troops Battalion as the Headquarters Commandant. After completing the U.S. Army Command and General Staff College, Major Carrington was assigned as the Battalion Executive Officer of 4th Battalion, 12th Infantry Regiment in Baumholder, Germany in March 1994. Major Carrington then attended the U.S. Marine Corps Command and Staff College at Quantico, Virginia. In July 1996, he was subsequently assigned to the Joint Task Force - Inauguration with duty as the J-3, Deputy Chief, Support Request Division. Reporting to Headquarters, Department of the Army (HQDA) in February

1997, Lieutenant Colonel Carrington was assigned as the Chief, Women in the Army Policy Branch and the Army Liaison to the Defense Advisory Committee on Women in the Services, Human Resources Directorate, Office of the Deputy Chief of Staff for Personnel. In November 1999, Mr. Carrington accepted a civil service position as the Administrative Operations Officer in the Operations Directorate of Library Services at the Library of Congress. In January 2002, Mr. Carrington became the Deputy Chief, Army Readiness Division, in the Office of the Deputy Chief of Staff, G-3/5/7, HQDA. In April 2004 he became the Chief, Army Readiness Division until he took charge of the newly formed Strategy Management Division in August 2004 and in August of 2006 transferred his division to the Office of the Secretary of the Army. In 2007, Mr. Carrington volunteered to deploy to Iraq on a detail to the Department of State to serve as a Senior Governance Advisor on the Western Anbar Embedded Provincial Reconstruction Team where he was further embedded with a U.S. Marine Corps Task Force. He returned in 2008 to serve as an advisor on the Chief of Staff of the Army's Enterprise Task Force and then transferred to the Office of the Secretary of Defense to serve as the Chief of Staff of the Plans Deputate. In the summer of 2009, he was asked by the Department of State to serve again as a multiple District Support Team Leader with a U.S. Army Task Force in northeast Afghanistan. In the fall of 2010, he returned to his previous position in the Office of the Under Secretary of Defense for Personnel and Readiness and in December 2010 joined the Office of Wounded Warrior Care & Transition Policy as the Director for Recovery Care Coordination. In April 2013, he was asked to deploy again and served as the Deputy Chief of Staff for Stability Operations at the ISAF Joint Command in Kabul, Afghanistan until assuming the Chief of Resilience position in January 2014.

Dr. Catherine Cerulli

Dr. Cerulli is the Director of the Susan B. Anthony Center for Women's Leadership and the Laboratory of Interpersonal Violence and Victimization (LIVV), Associate Professor of Psychiatry, at the University of Rochester. The National Institute of Mental Health awarded Dr. Cerulli a five-year grant to conduct a randomized control trial in Family Court to assess whether enhanced mental health enables intimate partner violence (IPV) victims to better navigate safety. She was also the Co-Principal Investigator on a National Institute of Justice award to assess whether victim participation in prosecution impacts their subsequent safety. She was formerly an Assistant District Attorney in Monroe County, New York, where she created a special misdemeanor domestic violence unit in 1995. She has been working on issues surrounding domestic violence and child abuse for over three decades, in a variety of capacities. Dr. Cerulli currently has funding from the Center for Disease Control to work with a national IPV hotline to help address the intersection of violence and mental health. She works internationally to ameliorate violence against women and currently is assisting with a project addressing the health and welfare of sex workers and trafficking victims in Laos. She is a founding and current Board Member for the Crisis Nursery of Greater Rochester, Inc., a grass roots organization providing emergency respite care for greater Rochester area families with young children.

Kate Comtois, PhD, MPH

Kate Comtois, PhD, MPH is Associate Professor in the Department of Psychiatry and Behavioral Sciences and Adjunct Associate Professor in the Department of Psychology at the University of Washington. She received her Ph.D. in clinical/community psychology from the University of Maryland in 1992. Dr. Comtois conducts research evaluating mental health services and the implementation of evidence-based practices in large health systems. She has been the principal investigator on clinical trials to improve services to suicidal individuals and individuals with borderline personality disorder funded by the NIMH, the American Foundation for Suicide Prevention, and the Military Operational Medicine Research Program. She is the director of the Seattle Implementation Research Conference (www.societyforimplementationresearchcollaboration.org), which brings together a range of experts in implementation and implementation research to improve the training, uptake, and sustainability of evidence based psychosocial interventions in community settings. Dr. Comtois has directed the Harborview Dialectical Behavior Therapy (DBT) program in a public mental health center for almost 20 years. Dr. Comtois has been an individual and skills training research therapist as well as co-investigator on multiple clinical trials of DBT with Dr. Marsha Linehan. This program received the best direct service

program by King County in 2000. Dr. Comtois and her DBT team also developed the DBT-Accepting the Challenges of Exiting the System (DBT-ACES) program – to assist psychiatrically disabled patients to return to/achieve living wage employment. Dr. Comtois also led a Collaborative Assessment and Management of Suicidality (CAMS) team for three years as part of a clinical trial. This team implemented CAMS at Harborview to adherence with supervision from Dr. Dave Jobes, the treatment developer. She is currently co-PI on a large clinical trial of CAMS. Dr. Comtois has been assisting programs to implement DBT since 1996. She has provided training and consultation on DBT to community mental health agencies, inpatient psychiatric programs, outpatient and residential substance abuse treatment, juvenile and adult corrections, private and university outpatient clinics, and primary care. She has trained across the United States as well as in Canada, England, and Australia. Having directed a DBT program in public mental health for almost 20 years, Dr. Comtois is particularly knowledgeable about the systemic issues of DBT implementation and the structural changes needed for sustainable implementation. Dr. Comtois co-directs an NIMH T32 fellowship in health services research in safety net settings. She has developed and leads a DBT clinical training program for psychiatry residents, psychology interns, fellows, and faculty at the University of Washington for 19 years as well as a CAMS training program as of 2013. She has received awards for her teaching and mentoring from the UW Psychiatry Residency and Psychology Pre-doctoral Internship programs and the UW Postdoctoral Association Mentor of the Year in 2008.

Dr. Kenneth Cox

Dr. Kenneth Cox has more than 30 years of service in the Department of Defense. He has extensive public health experience including suicide events surveillance. For the past five years, he has been attached to the U.S. Army Public Health Command working as a scientific consultant and liaison to the Army Study to Assess Risk and Resilience in Service member's research effort.

Lt Col Kathleen Crimmins

Lieutenant Colonel Crimmins is the Air Force Suicide Prevention Program Manager at the Air Force Medical Support Agency (AFMSA). She is a consultant to the Air Force Surgeon General and other senior Air Force leaders for suicide prevention matters. She is a member of the Air Force Integrated Delivery System and reports to the Air Force Community Action Information Board on the status of the suicide prevention program. Lieutenant Colonel Crimmins is a Licensed Clinical Psychologist, having received a Ph.D. from the University of Southern Mississippi and a Master's Degree from the University of South Alabama. She completed her Psychology internship training at Wilford Hall Medical Center, Lackland Air Force Base, Texas. Prior to her position as the Air Force Suicide Prevention Program Manager, Lieutenant Colonel Crimmins served on active duty in the Air Force as a Staff Clinical Psychologist, Family Advocacy Officer, Alcohol and Drug Abuse Prevention and Treatment Program Manager, and twice as a Mental Health Flight Commander (at Luke Air Force Base in Arizona and Kadena Air Base in Japan). She was the Installation Suicide Prevention Program Manager during two assignments. Lieutenant Colonel Crimmins deployed in support of OIF.

CW5 Rodney B. Crow

Chief Warrant Officer Five Rodney B. Crow is currently serving as the TACOM Senior Maintenance Advisor. He holds a Bachelor of Science degree in Business from Excelsior College, and a Masters Degree in Business Administration from Embry Riddle University. He entered active duty on 12 September 1986 as an M1A1 Abrams Tank Systems Mechanic. Upon completion of Basic training and AIT at Fort Knox, KY, he was assigned to 3rd Battalion 66th Armor Regiment at Fort Hood. He later rotated with the unit to Germany on a COHORT move and deployed to Saudi Arabia and Kuwait as part of Operation Desert Shield/Desert Storm. CW5 Crow graduated from the Warrant Officer Candidate School in March 1994, and began his Warrant Officer Career as a 915A in July 1994. CW5 Crow's previous Warrant Officer assignments include: Transportation Motor Officer, Camp Page and Camp Long Korea, August 1994-April 1996; Battalion Maintenance Technician, Fort Bragg, NC, May 1996-June 2000; Senior Instructor/Writer (Battalion Maintenance Officer Course), Squadron Maintenance Technician (1/16 Cav), and G-4 Readiness Officer, Fort Knox, KY, July 2000-August 2004;

Brigade Maintenance Technician and Deputy Support Operations Officer, 1/10 MTN, Fort Drum, NY September 2004-April 2009; Brigade Logistics Support Team Chief in support of 1/10 MTN, April 2009-July 2011; Director of Ordnance Warrant Officer Training, United States Army Logistics University and United States Army Ordnance School, September 2011-March 2013. CW5 Crow's deployments include: Operation Desert Shield/Storm, December 1990-May 1991; Operation Iraqi Freedom, July 2005-July 2006; Operation Iraqi Freedom, August 2007-November 2008; Operation Enduring Freedom, March 2010-March 2011 CW5 Crow's awards and decorations include the Bronze Star Medal (2 OLC), the Meritorious Service Medal (5 OLC), the Army Commendation Medal (3 OLC), the Army Achievement Medal (6 OLC), the Afghanistan Campaign Medal, the Iraq Campaign Medal with 3 bronze stars, the South West Asia Service Medal with 3 bronze stars, the Global War on Terrorism Service Medal, the Korea Defense Service Medal, the NATO Medal, the Saudi Arabian Kuwaiti Liberation Medal, the Kuwaiti Liberation Medal, the Senior Parachutist Badge, the Ordnance Order of Samuel Sharpe, and the Noble Patron of Armor. CW5 Crow is married to Kathleen Crow of Swartz Creek, Michigan. They have nine children and seven grandchildren.

Steven Dobscha, MD

Steven Dobscha, MD, is a board-certified staff psychiatrist at VA Portland Health Care System, Professor of Psychiatry at Oregon Health & Science University, and Director of a VA HSR&D-funded Center of Innovation (COIN) entitled "Center to Improve Veteran Involvement in Care (CIVIC)." His research focuses on topics highly relevant to the care of Veterans including chronic pain, prescription opioid use, suicide prevention, and patient-centered care. Dr. Dobscha has conducted several projects focused on improving care and clinical decision-making in primary care settings, including randomized clinical trials of collaborative interventions for depression and chronic pain. In more recent studies, he has examined the administration and outcomes of suicidal ideation assessments being routinely conducted in VA care settings and the VA primary care received by Veterans prior to suicide. He is also examining impacts of Veteran electronic access to mental health progress notes (VA Open Notes), and partnering with the Technology and Telehealth (T2) group in Puget Sound to examine effectiveness of a new smartphone app in reducing suicidal thoughts; this latter study is funded by the Military Research Consortium. Finally, Dr. Dobscha is continuing his work investigating pain among a national cohort of Veterans via a National Institute of Aging-funded study examining correlates and improvements in Veteran pain intensity scores over time.

Donna R. Engeman

Donna Engeman joined the Installation Management Command Headquarters team as the Survivor Outreach Services Program Manager in February 2009. Born into an Army Family, Ms. Engeman herself enlisted in the US Army in 1981 as a Light Wheel Vehicle Mechanic. Her 18 years of federal service have taken her to varied positions and locations, most recently to Fort Sam Houston where she continues to advocate for Survivors. From 2007 – 2009 she was assigned to the New Equipment Fielding Team as a Logistics Management Specialist with the Tank and Automotive Command (TACOM), Rock Island Arsenal, IL; From July 2006 to 2007 she was assigned to the Logistics Management Intern program at Fort Lee, VA, From 1998 to 2004 she served as an Administrative Assistant to the 100th ASG Chaplain in Grafenwoehr, Germany; from 1985-1989 she served as a supply clerk for the Bradley Fighting Vehicle Material Fielding Team in Vilseck, Germany. Ms. Engeman holds an A.A.S. in Paralegal Studies from Jefferson Community College (with honors) in Watertown, NY; and a B.A. in Political Science and Public Administration (summa cum laude) from Concord University in Athens, WV. She is also a graduate of the Army Logistics Management Specialist Intern Program, which included the Army Quartermaster Basic Officer Leadership Course. Her awards include the Army Logistics Management College's Outstanding Logistics Intern Award for Academic Excellence, the Commander's Award for Civilian Service, the Army Commendation Medal, and the Army Achievement Medal. In 1983, during her assignment to Wuerzburg, Germany, Ms. Engeman met and married John Engeman. For the next 23 years Ms. Engeman followed her Soldier husband from Germany to Fort Knox, and many posts in between. While John himself took a few detours to Desert Storm, Korea, Kosovo, and Iraq. Tragically, CW4 John W. Engeman was killed when the HMMWV he was riding in was hit by an Explosively Formed Penetrating Device (EFP) South East of Baghdad, Iraq on 14 May 2006. He had been on Active

Duty for over 28 years. Ms. Engeman has two children: CPT Patrick Engeman, USA; and Mrs. Nicole McKenna.

CAPT Wanda L. Finch, LICSW, CAS, MSW, M.Ed.

CAPT Wanda Finch is the Chief, Psychological Health Advocacy Division in the Psychological Health Promotion Directorate located in the Deployment Health Clinical Center. Her primary duties include assisting with the transition of Directorate staff, developing a new team strategic plan, and identifying key positions and brief position description for the new PHP Directorate. She is also responsible for strategic thinking, planning and coordination of access to care issues related to psychological health literacy, risk reduction of mental health conditions and removing negative perceptions, and other barriers related to psychological health care across DoD. CAPT Finch, USPHS, is a Licensed Independent Clinical Social Worker and an adjunct provider for Behavioral Health Services of the United States Army at Fort Meade, Maryland. She has over 20 years of professional social work experience working with adults with mental health and substance use conditions, the child welfare system, military families, and numerous underserved populations. CAPT Finch has: Managed 7 systems change grants at the state and local level to adopt and make permanent changes in how public mental health systems of care are designed to be consumer driven, recovery oriented and supported through evidence based and best practices. Provided technical assistance to 31 grantees impacting nearly 300,000 adults with mental illness nationwide. Served as the Federal Program Director for performance measurement of statewide consumer network grant program and provided technical assistance to grantees for consumer run programs of recovery based mental health care. Launched the National Center for Trauma Informed Care H.O.P.E. (Healing Ourselves Through Promises of Empowerment) Awards resulting in three (3) awards -- pioneer, program and state creating trauma-informed systems. Convened national webinar on community-based approach to rebuild safe, healthy communities using a trauma-informed approach to violence prevention with over 300 registrants nationwide. Convened joint federal and community based organization meeting with over 30 attendees in collaboration with Office of Women's Health and non-government organizations to address trauma related issues of women at risk for female circumcision. CAPT Finch received a Master's in Education degree from the Pennsylvania State University and a Master's of Social Work degree from Howard University. She is a native Mississippian, married for over 17 years and a mother of two.

Keita Franklin, PhD

Dr. Franklin has served as the Behavioral Health Branch Head since 2010 and is charged with leading the integration of USMC behavioral health programs. In this capacity, she is responsible for the administration of two key programs; Integration, comprised of Research and Program Evaluation, Data Surveillance, Program Development, and Functional Systems and Prevention and Clinical Services comprised of Substance Abuse Program, Family Advocacy, and Community Counseling and Prevention. Dr. Franklin directs the policy, future planning, training, technical assistance, resource management and advocacy efforts for seventeen installations and over 200,000 Marines and families across the Corps. Her expertise centers on the impact of deployment and PTSD on military and family members, particularly spouses and children. She has published on deployment and psychological well-being on family relationships and alcohol related issues. Dr. Franklin has served as an adjunct faculty member at Virginia Commonwealth University and has lectured on numerous topics impacting military service members including; deployment stress, secondary trauma, women's issues in the military, parenting in the military and behavioral health needs of today's service members. Prior to working for the Marine Corps, Dr. Franklin worked at the installation and regional level for both the United States Air Force and United States Army. Dr. Franklin is a licensed social worker with a specialization in children and families and has a PhD in social work with specialized training/certifications from the Center for the Advancement of Research Methods and Analysis. Dr. Franklin received a leadership award from Virginia Commonwealth University for leading efforts to help train and advise the social work profession on working with military families.

Chaplain, Captain James W. Galyon

Chaplain, Captain James W. Galyon is assigned to the Office of the Wing Chaplain, 1st Special Operations Wing, Hurlburt Field, Florida. He helps meet the religious needs of over 24,000 permanently assigned personnel, civilian workers, and their families by providing spiritual care and pastoral counseling. In particular, he serves as the unit chaplain for the 505th Command & Control Wing; the 361st Intelligence, Surveillance and Reconnaissance Group; the 19th Special Operations Squadron; and the 823d Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer Squadron. He advises leaders at all levels regarding ethics, morale, religious accommodation, and mental and spiritual readiness. He also serves as a pastor for the Protestant Traditional Service, conducts worship, liturgies, rites and ceremonies, and provides moral and religious education. Chaplain Galyon was licensed to the ministry in 1988 and ordained in 1999. He served as a pastor and hospice chaplain prior to being commissioned into the Chaplain Corps in 2007. Chaplain Galyon is endorsed by the Association of Reformed Baptist Churches of America.

Jacqueline Garrick, LCSW-C, BCETS

Jacqueline Garrick is the Director for the Defense Suicide Prevention Office (DSPO). Since November 2011, she has lead the charge to create a Defense Suicide Prevention Program that includes drafting policies, standardizing data collection and reporting, evaluating programs, reducing stigma, building resilience, and increasing help seeking behavior through partnerships and outreach efforts to Service members and their families. She oversees a peer support call center and spearheaded efforts to establish and train a military support team in Afghanistan. In 2009, she was appointed as the Principal Director and was briefly the Acting Deputy Under Secretary of Defense for the Wounded Warrior Care and Transition Policy (WWCTP). Subsequently, Ms. Garrick was assigned to be the Special Assistant in Reserve Affairs to oversee Resiliency, Readiness and Suicide Prevention. Within DoD, she has had responsibility for Recovery Care, Transition Assistance, Disability Evaluation and Suicide Prevention activities. Prior to that, she served as a Professional Staff Member for the House Committee on Veterans' Affairs on the Disability Assistance and Memorial Affairs Subcommittee. She oversaw the organization of hearings and drafted legislation on such issues as rating schedule evaluations, benefits outreach, and information technology. She was a Senior Policy Analyst for the Veterans' Disability Benefits Commission from 2005 to 2007 and supported the Commission in its efforts to evaluate all benefits programs available for disabled veterans and contributed to its Final Report, Honoring the Call to Duty: Veterans' Disability Benefits in the 21st Century. Ms. Garrick was the Deputy Director for Health Care at The American Legion for six years. She developed and implemented its policies on veterans' healthcare issues, gave congressional testimony, ran outreach initiatives, and was a media spokesperson for the organization. She supervised the Gulf War Task Force and the National Field Service, which visited all VA medical facilities. She led task force visits to over 50 VA facilities exploring issues, such as patient care quality, budget, and research compliance. In 1992, she accepted a commission as a United States Army captain, and served as a social work officer at Walter Reed Army Medical Center. During that time, she managed programs for soldiers who had served in the Gulf War, Somalia, Bosnia, and Haiti and counseled soldiers, retirees, and their families on a myriad of issues and provided transition assistance to medically separating Service members. Upon completion of her BSW and MSW from Temple University in Philadelphia PA, she returned to her native New York to become the Program Director for the Vietnam Veterans Resource Center. During her tenure, Ms. Garrick provided individual, group, and family therapy to Vietnam veterans and their dependents. In addition, she ran a program for incarcerated veterans. Ms. Garrick consulted for Vietnam Seminars and Consulting in 1991, and developed a program for former Soviet Union military members who served in Afghanistan. She created a self-help guide for Russian veterans, and traveled extensively throughout the Soviet Union marketing these techniques and educating veterans and their families about Posttraumatic Stress Disorder (PTSD). Ms. Garrick is involved with many professional and civic organizations, and was the editor of Trauma Lines for six years. After September 11, she was a disaster mental health counselor at the Pentagon Family Assistance Center. She also ran her own consulting practice for four years, the FARgroup, and provided policy analysis, strategic planning, fundraising, program development and evaluation support to nonprofit, private and government entities. She has presented on PTSD and other health issues throughout the United States, Germany, Great Britain, Turkey, Russia, the Ukraine, Israel, and the

Netherlands. Her books; *You Can Too: A Mind, Body, Spirit Connection for Weight Loss and Trauma Treatment Techniques: Innovative Trends* were both published in 2005.

MG (Retired) Mark A. Graham

Major General (retired) Mark Graham is currently serving as the Senior Director, Rutgers Health National Call Center. Included in his duties is Director, Vets4Warriors and other military and veteran programs. MG Graham retired from the US Army on August 1, 2012 after almost thirty-five years of service. His final position was as the Director (G-3/5/7) U.S. Army Forces Command, Fort Bragg, North Carolina. In this position, he oversaw the plans, operations and training for Army forces (active and reserve component) stationed in the Continental United States and ensured conventional forces were prepared for worldwide deployment and combat. MG Graham and his wife, Carol, are tireless champions of military and civilian efforts to promote mental health and suicide-prevention awareness, and to eliminate the stigma surrounding mental health care. To honor the memory of their sons, 2LT Jeff Graham who was killed by an IED in Iraq in February 2004, and their son Kevin a Senior Army ROTC cadet who died by suicide in June 2003 while studying to be an Army Doctor at the University of Kentucky, the Grahams established the Jeffrey C. and Kevin A. Graham Memorial Fund to provide the “Question, Persuade, Refer” suicide prevention program at the University of Kentucky. The Grahams were instrumental in establishing the Jeffrey and Kevin Graham Memorial Endowed Lectureship in Psychology for the study of depression and suicide prevention at Cameron University, in Lawton, Oklahoma. Additionally, they support the ongoing efforts of the Pikes Peak Suicide Prevention Partnership, Colorado Springs, Colorado (El Paso County), through the “Jeff and Kevin Graham Memorial Crisis Hotline” and the “Jeffrey and Kevin Graham Support Services”. MG Graham was commissioned a second lieutenant of Field Artillery in December 1977 at Murray State University. Spanning almost 35 years, MG Graham served in key command and staff positions in the United States, Germany and Korea. Past assignments include Field Artillery Battalion Command at Fort Sill, Oklahoma; Brigade Command in California as the first Active-Duty Army Colonel to command a National Guard brigade in peacetime; Commander of the Battlefield Coordination Detachment, Osan, Korea then the Executive Officer to the U.S. Forces Korea Commander; Chief of Staff and Deputy Commanding General of the U.S. Army Field Artillery Center and Fort Sill; the Deputy Commanding General of 5th U.S. Army/Army North where he supported evacuation and relief operations following Hurricanes Katrina and Rita; then as the Commanding General of Fort Carson, Colorado and Division West of First US Army. In addition to his Bachelor’s degree in political science, MG Graham holds a Masters of Business Administration from Oklahoma City University and a Master of Science in National Security Strategy from the National Defense University in Washington, D.C. He is also a graduate of the U.S. Army Command and General Staff College and the National War College. MG Graham’s numerous military awards include the Distinguished Service Medal, the Bronze Star Medal, the Defense Superior Service Medal, the Legion of Merit, the Meritorious Service Medal & the Humanitarian Service Medal.

Rhett A. Herrera

Rhett A. Herrera serves as a Project Manager for VA Mental Health Services’ public awareness and education campaigns such as the Veterans Crisis Line and Make the Connection. In this role, he oversees the day-to-day operations of the multi-million dollar, award-winning, national efforts and ensures both campaigns are achieving their goals and deliverables. Mr. Herrera’s professional efforts since joining VA in 2009 have focused largely on strategic communications (communicating the best message, through the right channels, measured against well-considered organizational and communications-specific goals), and national campaign management. Mr. Herrera earned a B.A. in Supply Chain Management and Process Management at Arizona State University. He completed an internship program with the National Aeronautics and Space Administration (NASA) in 2003 and accepted a full-time position with the government the same year. In 2007, he accepted a communication specialist position with VA and continues to serve in this capacity on a variety of campaigns which has included Homeless, Caregivers, Paralympic, the rebranding of the Department of Veterans Affairs and Veterans Health Administration as well as other large strategic communication efforts.

Claire Hoffmire, PhD

Dr. Hoffmire received her PhD in Epidemiology from the University of Rochester, and has been an Epidemiologist at the VISN2 Center of Excellence for Suicide Prevention since 2012. Her research at the CoE focuses on elucidating the true risk of suicide among Veterans as a whole, and among important Veteran subgroups such as those not utilizing VHA services and female Veterans. Dr. Hoffmire has comprehensive training and broad, interdisciplinary experience with quantitative research methods for study development, conduct, and data analysis.

Marjan G. Holloway, Ph.D.

Dr. Holloway is an Associate Professor of Medical and Clinical Psychology and Psychiatry at Uniformed Services University of the Health Sciences (USUHS) and a faculty member of the Beck Institute for Cognitive Behavior Therapy in Philadelphia. She completed her postdoctoral training at the Center for the Treatment and Prevention of Suicide and the Center for Cognitive Therapy at the University of Pennsylvania under the mentorship of Dr. Aaron T. Beck. Currently, Dr. Holloway is the Chair of the North Atlantic Treaty Organization (NATO) Task Group on military suicide. She has previously served as a member of the Defense Health Board Task Force on the Prevention of Suicide by Members of the Armed Forces and has been a contributor to the Center for Deployment Psychology's curriculum on military suicide prevention. Dr. Holloway's Laboratory for the Treatment of Suicide-Related Ideation and Behavior at USUHS, with generous funding from various DoD and private sponsors, focuses on military suicide prevention research. The mission of the lab is to develop, evaluate, and disseminate cognitive behavioral interventions for service members and beneficiaries with histories of suicide-related ideation and/or behavior. During the past year, Dr. Holloway and her colleagues have disseminated the United States Air Force Guide for Suicide Risk Assessment, Management, and Treatment.

Steve E. Holton

Steve Holton is the Deputy Director of Navy Suicide Prevention and the Navy Suicide Prevention Program Manager located with OPNAV N171 (Twenty-first Century Sailor Office) in Millington, TN. He was selected to help the Navy develop the Operational Stress Control (OSC) Program, plus numerous new prevention and awareness initiatives to promote lives worth living for Sailors and families. He developed the theme of "Life Counts" for future Navy suicide prevention initiatives. Mr. Holton has experienced the personal loss of both a brother and sister to suicide, and uses these personal tragedies to help Navy commands and families understand the long term negative effects of suicide on those left behind, promoting postvention efforts to help survivors recover following suicide tragedies. Mr. Holton retired from the U. S. Navy in 2001 following 31 years of service. After completing Navy Nuclear Power Training pipeline, he served on four different submarines, including a tour as the Chief of the Boat for the USS Parche (SSN-683). He served as the Command Master Chief for the Naval Air Technical Training Center, Millington, and served as the CNO Directed Command Master Chief for both the Chief of Naval Technical Training and the Commander Navy Recruiting Command.

Aimee Johnson

As a proud alumnus of Whittier College and the University of Michigan School of Social Work, Aimee's clinical background includes juvenile justice, emergency department psychiatric social work, medical social work, Suicide Assessment & Follow-Up Engagement Veteran Emergency Treatment (SAFE-VET Project) a five site Clinical Demonstration Project and owned a private therapy practice in Portland. Aimee currently works for the Portland VA Health Care System where she is the team lead as a Suicide Prevention Coordinator. When she's not at the VA, Aimee and her husband spend their down time chasing after their toddler son with his younger sister in tow.

Lora L. Johnson, PhD

Lora L. Johnson, PhD, is a licensed clinical psychologist currently working as a suicide prevention coordinator at the Department of Veterans Affairs in Louisville, Kentucky. She received her PhD in clinical psychology in 2003 from the University of North Carolina at Greensboro. Her internship

training was with the Jefferson County Internship Consortium in Louisville, KY, and she completed post-doctoral training at Western Day Treatment, an intensive day treatment program for severely emotionally and behaviorally disturbed children and adolescents. Beginning in 2005, she worked in assessment, intervention, and forensic work at Central State Hospital in Louisville, KY, a state adult inpatient psychiatric facility. In 2007, Dr. Johnson joined the VA. Her current work as a suicide prevention coordinator affords her the opportunity to work in administrative, clinical, and research capacities on a daily basis. She is the PI on a \$490,190 grant funded by the Military Suicide Research Consortium entitled Suicide Risk Assessment in Suicide-Specific Group Therapy: A Pilot Study. She is also a site PI on a \$571,844 VA Patient Safety Center for Inquiry grant funded by the National Center for Patient Safety investigating improving the safety planning process, with a specific site emphasis on home safety planning visits utilizing peers as subject matter experts.

Elizabeth Karras, PhD

Elizabeth Karras, PhD is a health communication expert and investigator at the VA VISN 2 Center of Excellence for Suicide Prevention. Her research is focused on the use of communication strategies to address barriers, promote help seeking, and reduce risk behaviors among Veteran populations. Dr. Karras currently directs evaluation of the communication and outreach efforts implemented by VA Mental Health Services including investigations of the multi-level effects of the promotion of the Veterans Crisis Line, exposure to the Make the Connection multi-media public education campaign, and several firearm safety initiatives. Dr. Karras also holds a faculty appointment in the Department of Psychiatry at the University of Rochester (NY).

Ira Katz

Ira Katz is Senior Consultant for Mental Health Program Analysis in the VA Office of Mental Health Operations as well as Medical Director of the Office of Suicide Prevention. In addition to the work he is presenting here, he serves as principal investigator of a VA Cooperative Study evaluating lithium for the prevention of suicidal behavior in patients with depression or bipolar disorder, and as one of the leads for the Psychotropic Drug Safety Initiative, a VA quality-improvement project designed to enhance the effectiveness and safety of psychopharmacological treatment for mental health conditions.

Dr. Janet Kemp, RN, PhD

Associate Director, VISN 2 Center of Excellence for Suicide Prevention, Department of Veterans Affairs. From 2007 thru February 2014 Dr. Kemp served as the National Mental Health Program Director for Suicide Prevention and Community Engagement. In this role she directed the policy and direction of the VA Suicide Prevention Program out of Mental Health Services. She was responsible for policy development, provider and patient education in the areas of suicide awareness and prevention, implementing assessment and treatment strategies and the dissemination of new findings in the area of suicide throughout the VA system. Dr. Kemp directed and advised the Suicide Prevention Coordinators at each local VA and was the national program advisor for the Veterans Crisis Line and Veterans Chat. In 2009, Dr. Kemp was a White House Appointee to the Department of Defense Task Force on the Prevention of Suicide by Members of the Armed Forces and in 2010 served on the Army Suicide Prevention Task Force. She currently serves on the National Action Alliance Task force for Suicide Prevention and is the Co-Lead on the Military and Veteran Taskforce of the Alliance. Major honors include the VA Secretary's Exceptional Service Award in 2007, and the Under Secretary of Health's Excellent Service Award in 2014. She was named the Service to America Federal Employee of the Year in 2009. Dr. Kemp received her undergraduate degree in Nursing from the State University of New York at Plattsburgh and both her Masters of Science in Nursing and her PhD from the University of Colorado. Dr. Kemp has done qualitative research in the area of war experiences and effects. Her current projects include suicide attempt and completion database development. She is also developing and instituting a psychological autopsy program in VA. She is a sought after speaker on the topic of Suicide Prevention and has an adjunct appointment at the University of Rochester.

Carrie H. Kennedy, Ph.D., ABPP

Carrie H. Kennedy, Ph.D., ABPP is a neuropsychologist with specialization in military psychology and aeromedical psychology. She is an active duty Commander in the U.S. Navy, currently serves as Group Psychologist, Marine Corps Embassy Security Group and has deployed to Cuba and Afghanistan. She is an Assistant Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia and is a Fellow of the National Academy of Neuropsychology and American Psychological Association. She is the 2012 recipient of the Division 19 Charles S. Gersoni Award and was named Navy Psychologist of the Year for 2012. She serves on the editorial boards of Military Psychology and Psychological Services.

Amanda Kerbrat, MSW

Amanda Kerbrat, MSW, presenting on behalf of Dr. Kate Comtois, has worked with suicidal individuals in research and clinical settings since 2002. She coordinates Dr. Comtois' research, currently including two DoD-funded randomized controlled trials: one investigating an intervention utilizing caring communications via text message for reducing suicide vs usual care among active-duty Soldiers and Marines, and one investigating the Collaborative Assessment and Management of Suicidality vs enhanced treatment as usual for suicidal Soldiers. Ms. Kerbrat also has contributed to an investigation of usual care for suicidal individuals as well as research investigating treatment strategies for reducing suicidality, including dialectical behavioral therapy.

Marek Kopacz, MD

Dr. Kopacz earned his M.D. in 2004 and Ph.D. in 2010 from Jagiellonian University Medical College (Krakow, Poland). During this time he also undertook graduate-level training in public health research, international community health, and sustainable human development. His field of expertise is medical sociology. He has applied and developed his research skills in public health and business settings. Dr. Kopacz joined the VISN 2 Center of Excellence for Suicide Prevention in 2012.

Wendy Lakso

Wendy Lakso has served as the Chief, Army Suicide Prevention Program since August of 2014. Prior she served with Army Public Health Command for over eight years, most recently as the Liaison Officer to HQDA G-1, Army Resiliency Directorate. Preceding her move to Washington D.C., Wendy served over five years as the Third Armored Corps Senior Commander's Health Promotion Officer at Fort Hood Texas, where she started the Health Promotion Program, and created and managed the Fort Hood Resiliency Campus, Community Resiliency Initiative, and Operational Fitness Program for the Senior Commander. Prior to her years at Fort Hood, Wendy lived in Germany working as the Health Promotion Officer responsible for Health Promotion in five US Army Garrisons she successfully initiated and created three separate Suicide Prevention Programs. Wendy has a passion for Army Families, as she is an active military spouse of 28 years, and a mother to two sons; an Army Lieutenant serving in Germany, and a sophomore at Bishop Ireton High School.

Sara J. Landes, PhD

Sara J. Landes, PhD, is a psychologist and researcher at the Dissemination and Training Division of the National Center for PTSD at the Palo Alto VA, a consultant on implementation science for an VA central office project to decentralize EBP training, and an affiliate instructor at the University of Washington. Dr. Landes' clinical expertise is in treating suicide and self-harm behaviors, especially with behavioral treatments such as Dialectical Behavior Therapy (DBT). Within VA, she has worked with the local mental health programs to implement DBT, consults with DBT teams across VA, runs a DBT training program for psychology interns and psychiatry residents, and has created the VA DBT SharePoint site. Her research interests are in the dissemination and implementation of empirically supported mental health treatments, with a focus on DBT and larger health care systems. She has received research funding from the National Institutes of Mental Health, Department of Defense, and QUERI.

Brooke Levandowski, PhD

Dr. Levandowski completed her MPA in Public Administration at Syracuse University and her PhD in epidemiology at the University of North Carolina at Chapel Hill. After completion of her doctorate, Dr. Levandowski worked as a Senior Research Associate at Ipas for five years and is currently appointed in the Department of Family Medicine at SUNY Upstate Medical University in Syracuse, NY. She is currently a researcher with CoE for Suicide Prevention.

Erin McGlade, PhD

Erin McGlade, PhD, is a licensed clinical psychologist and an investigator at the Rocky Mountain Mental Illness Research, Education and Clinical center. She received her PhD in Clinical Psychology from Idaho State University and completed a pre-doctoral internship and a post-doctoral residency at the University of Utah Neuropsychiatric Institute. Dr. McGlade's research focuses on neural mechanisms of symptoms in co-morbid disorders, particularly the relationship between suicidal behavior, psychiatric disorders, and traumatic brain injury. She is also interested in sex differences in suicidal behavior and in postmortem factors of suicide decedents with the goal of identifying risk and protective factors to improve treatment.

Richard McKeon Ph.D., MPH

Richard McKeon Ph.D., MPH received his doctorate in Clinical Psychology from the University of Arizona and a Masters of Public Health in Health Administration from Columbia University. He has spent most of his career working in community mental health, including 11 years as director of a psychiatric emergency service and 4 years as Associate Administrator/Clinical Director of a hospital based community mental health center in Newton, New Jersey. He established the first evidenced-based treatment program for chronically suicidal borderline patients in the state of New Jersey, utilizing Marsha Linehan's Dialectical Behavior Therapy. In 2001, he was awarded an American Psychological Association Congressional Fellowship and worked for United States Senator Paul Wellstone, covering health and mental health policy issues. He spent 5 years on the Board of the American Association of Suicidology as Clinical Division Director and has also served on the Board of the Division of Clinical Psychology of the American Psychological Association. He is currently Chief for the Suicide Prevention Branch in the Center for Mental Health Services, of the Substance Abuse and Mental Health Services Administration, where he oversees all branch suicide prevention activities, including the Garrett Lee Smith State/Tribal Youth Suicide Prevention and Campus Suicide Prevention grant programs, the National Suicide Prevention Lifeline, and the Suicide Prevention Resource Center, and the Native Aspirations program. In 2008, he was appointed by the Secretary of Veterans Affairs to the Secretary's Blue Ribbon Work Group on Suicide Prevention. In 2009, he was appointed by the Secretary of Defense to the Department of Defense Task Force on Suicide Prevention in the Military. He also serves as Chair of the Federal Working Group on Suicide Prevention.

Elizabeth Oliva, PhD

Elizabeth Oliva, PhD, received her BA in psychology and sociology from UCLA and her PhD in clinical and developmental psychology from the University of Minnesota. Dr. Oliva works for the VA Program Evaluation and Resource Center, VA Office of Mental Health Operations and is the VA National Opioid Overdose Education and Naloxone Distribution (OEND) Coordinator. Dr. Oliva also co-leads the Specialty Care Workgroup for the Substance Use Disorders Quality Enhancement Research Initiative (QUERI) and has a QUERI grant to evaluate initial implementation of OEND within the VA.

James Pease, PhD

James Pease, Ph.D. is a Licensed Clinical Social Worker and Research Investigator with the Rocky Mountain Mental Illness Research, Education, and Clinical Center (MIRECC). He is also an Assistant Professor at the University of Colorado Denver, School of Medicine, in the Department of Psychiatry. His primary areas of interest are the suicide risk assessment practices of clinical providers and the transition and reintegration process among returning OEF/OIF Veterans. He is the Principal Investigator on a study that examined suicide risk assessment practices of VA clinicians cross the country. He has

also developed a qualitative study of the transition and reintegration experiences of returning OEF/OIF college students. Dr. Pease has worked in numerous clinical positions, including outpatient, inpatient and emergency room settings.

Patricia Powell

Patricia Powell specializes in developing programs to support behavioral change. Her career spans government, commercial, and not-for-profit initiatives in Australia, England, and the United States supporting some of the world's most prestigious organizations on high-profile projects valued in excess of \$2 billion. Since relocating to the United States with her husband – a former US Army Special Forces Soldier – Ms. Powell has focused on supporting the unique needs of military populations. Highlights include serving as the program lead and primary advisor for Headquarters Department of the Army G-3/5/7 on all-hazards emergency preparedness issues during the H1N1 outbreak and the shooting at Fort Hood. Her work with Headquarters Marine Corps includes serving as Section Head of the Combat and Operational Stress Control (COSC) Program where she led efforts to prevent the negative impacts of stress and build psychological resilience. Ms. Powell is well known for leading Operational Stress Control and Readiness (OSCAR), building strategic partnerships, and mobilizing Servicemembers and their families to take action supporting public health priorities.

Kim Ruocco

Kim Ruocco is the National Director of Suicide Postvention Programs for the Tragedy Assistance Program for Survivors (TAPS). In this role, Ms. Ruocco develops comprehensive, peer-based programs that offer comfort and care to all those who are grieving the loss of a service member to suicide. She manages a team of peer professionals that support thousands of survivors coping with the trauma of a death by suicide in the Military. In addition to postvention care, Ms. Ruocco provides suicide prevention education for organizations across the country. She is a national speaker who uses her education and experience as well as information gathered from service members and bereaved military families to more fully understand suicide. Ms. Ruocco is an ASIST trainer who provides education to military as well as civilian audiences across the country. Kim holds a BA in Human Services and Psychology from the University of Massachusetts and a Masters degree in Clinical Social Work from Boston University. She is also the surviving widow of Marine Corp Major John Ruocco, who died by suicide in 2005.

Captain Shelia C. O'Mara

A native of Jackson, TN, Captain O'Mara graduated from Bethel College, McKenzie, TN in 1978 with a Bachelor of Science degree in Accounting. She received her Masters of Divinity from Memphis Theological Seminary, Memphis, TN in 1983 and was ordained as a Cumberland Presbyterian minister in January 1983. She was commissioned a Lieutenant Junior Grade in the United States Navy Chaplain Corps in June 1983. Captain O'Mara's operational tours include Command Chaplain, USS HECTOR (AR 7); Command Chaplain, USS DWIGHT D. EISENHOWER (CVN 69); Fleet Chaplain, COMSIXTHFLT and COMUSNAVEUR-COMSIXTHFLT Force Chaplain. Ashore, Captain O'Mara served at U.S. Naval Hospital San Diego, CA; NAS North Island Coronado CA; CREDO Norfolk, VA; Command Chaplain, U. S. Naval Hospital Naples, IT; Regimental Chaplain, MCRD Parris Island, SC; Navy Chief of Chaplains staff; Region Chaplain, Commander, Navy Region Europe; Force Chaplain, Commander, Navy Installations Command and Chaplain of Navy Medicine/Special Assistant for Pastoral Care, Bureau of Medicine and Surgery. Captain O'Mara is a graduate of the Navy Pastoral Care residency program at U. S. Naval Hospital Portsmouth, VA and received a subspecialty code in Pastoral Care and Counseling. Personal decorations include Legion of Merit (two awards), Meritorious Service Medal (three awards), Navy Commendation medal (two awards), Navy Achievement Medal and various service medals and unit awards. Captain O'Mara retired in August 2013 after 30 years of active duty service. She is currently working as a chaplain for VA Mental Health & Chaplaincy in support of Joint Incentive Fund 1-“Improving Patient-Centered Care via Integration of Chaplains with Mental Health Care.”

Wilfred Pigeon, Ph.D

Dr. Pigeon is Associate Professor of Psychiatry at the University of Rochester Medical Center where he directs the Sleep & Neurophysiology Research Lab; he is also the Research Director for the VISN 2 Center of Excellence for Suicide Prevention at the Canandaigua VA Medical Center and an investigator with the VA Center for Integrated Healthcare in Syracuse.

Dr. Pigeon's primary research focus is on sleep disturbance that co-occurs with common medical and mental health conditions. This work is conducted with emphases on: (1) identifying suicide risk and informing suicide prevention; (2) adapting evidence-based interventions to primary care and mental health integration; (3) combining sleep and other treatments to enhance overall care; and (4) collaborating with dissemination and implementation scientists to bring this work to bear on population-based suicide prevention efforts. Dr. Pigeon has received funding from National Institutes of Health, the Department of Defense, the VA, private foundations, and industry sources. He has tested behavioral sleep interventions in a variety of patient populations including those with chronic pain, depression, sexual trauma, interpersonal violence, and combat-related PTSD and has adapted these interventions for use in primary care settings.

Megan McCarthy, Ph.D

Megan McCarthy, Ph.D., is a clinical psychologist and Suicide Prevention Coordinator at the San Francisco Veterans Affairs Medical Center (SFVAMC) and an Assistant Clinical Professor at the School of Medicine at the University of California, San Francisco. As Suicide Prevention Coordinator, and in collaboration with the Harvard Injury Control Research Center and the VISN 2 Center of Excellence for Suicide Prevention, she is responsible for the development, implementation, and evaluation of the Lethal Means Safety Demonstration Project at SFVAMC. Through community outreach, direct intervention, and Lethal Means Counseling Training for VA providers, the project promotes safe storage of firearms for Veterans who are at risk for suicide. Dr. McCarthy is also trained in a range of evidence-based psychotherapies and has served in various administrative and teaching roles at SFVAMC. She is currently a consultant for the VA Interpersonal Psychotherapy (IPT) Training Program. Education: BA, Stanford University; Ph.D., University of California, Berkeley. Postdoctoral Training: Cambridge Health Alliance/Harvard Medical School.

Walter O. Morales

Mr. Morales was appointed as the Director, Policy & Plans, Defense Suicide Prevention Office (DSPO) since January 2013. Since that time, Mr. Morales has served as the DSPO leading official supporting the publication of the Defense Suicide Prevention Program policies, evaluation of suicide prevention training to inform standardization of core competencies across the Department of Defense (DoD), planning and executing education/awareness outreach efforts within and outside DoD, coordinating the submission of the Department of Defense portion in support of the National Strategy for Suicide Prevention Compendium of Federal Activities, and coordinating the submission of programs and activities in support to DoD and the Department of Veterans Affairs (VA) Integrated Mental Health Strategy, which supports the dissemination of suicide risk and prevention practices between the two Departments.

Mr. Morales' efforts are also centric to the promotion of peer support capabilities and awareness to decrease suicidal behavior, increase resilience, and promote peer support as a career path among Service members in DoD. Mr. Morales served from 2004 through 2012 as the Chief, Army Suicide Prevention Program. In that capacity, Mr. Morales led the Army's efforts by providing strategic direction, policy guidance, and resources to minimize suicidal behaviors in support of Soldiers, Army Civilians, and family members. In 2007, and at the request of the Commanding General, Multi-national Corps – Iraq, Mr. Morales and a team of psychiatrists and chaplains deployed to Iraq on a special mission to conduct an assessment and provide recommendations to mitigate the high rate of suicides of American forces in Iraq. Mr. Morales proudly served the U.S. military culminating in 24 years of honorable service, devoting his career to supporting programs and services aimed at mentoring and advancing Soldiers' careers, and promoting equal opportunity and the well-being of Soldiers and their families. Mr. Morales,

a native of Puerto Rico, is married to Martina, whom he met during his first tour to Germany. They have four children: Joseph, Michael, Shaila, and Walter, Jr.

Kimberley L. Mullen, Ph.D.

Dr. Mullen is a licensed clinical psychologist and the Clinical Care Coordinator for the National Veterans Crisis Line (VCL), a key component of the Department of Veterans Affairs suicide prevention program. Dr. Mullen has been with the VCL for 5 years and oversees the clinical training and supervision of the growing staff of crisis line Responders who answer the organization's phone, text, and online chat services. Though published in the field of family therapy, Dr. Mullen discovered her passion for working with Veterans with trauma histories and suicidal behavior during her pre-doctoral internship at the Denver VA Medical Center and has followed this passion ever since. Dr. Mullen participates in various workgroups devoted to promoting evidence-based crisis intervention services and is also a member of the National Suicide Prevention Lifeline's Standards, Trainings and Practices Subcommittee.

Reed Robinson, PhD

Reed Robinson, Ph.D. is the Clinical Director of the Mental Health Trauma Service Clinic and the Assistant Chief of Psychology at the North Texas VA Health Care System. Dr. Robinson has been specializing in the treatment of PTSD and its comorbidities for nearly 10 years. He's also an Assistant Professor in the Psychiatry department of UT-Southwestern where he's active in the training of doctoral psychology students, medical students, and psychiatric residents.

M. Eric Rodgers, PhD, FNP-BC

M. Eric Rodgers, PhD, FNP-BC has over 30 years experience in nursing. Presently he is VACO, Office of Quality, Safety & Value, Evidence Based Practice Program; Acting Director. In this position he is responsible for policy and program planning, and carrying out the VA/DoD Evidence Based Clinical Practice Guideline Program for all VHA and DoD facilities. Dr. Rodgers is also an active VA primary care provider and University of Colorado School of Medicine, Department of Family Practice and College of Nursing adjunct professor. His past military and civilian positions include chief nurse executive, regional director for a large non-profit health care system, private practice, research director, company commander, nursing faculty, nursing education director, and staff nurse. He has authored several publications and book chapter on evidence based practice. He is a Magnet Recognition Program Appraiser, NIH reviewer, national health care and research consultant, and recognized nursing leader. Dr. Rodgers is also a graduate of the Federal Executive Institute. Research interests include health care delivery system models, cognitive aging, health promotion, and therapeutic alliance. Educational Degrees: PhD in Human Rehabilitation and Statistics & Research Methods, University of Northern Colorado, 2001; MSN, Regis University, Family Nurse Practitioner, 1996; Adult Nurse Practitioner Certificate, U.S. Academy of Health Sciences, 1988; MHA, Webster University, 1986; BSN, University of Colorado, 1984; ADN, Community College of Denver-North Campus, 1981; and Combat Medic, U.S. Academy of Health Sciences, 1975.

Norman B. Schmidt, PhD

Norman B. Schmidt, PhD, is Distinguished Research Professor and Director of the Anxiety and Behavioral Health Clinic at Florida State University. His research interests focus on anxiety psychopathology and related issues including suicide and substance use. He has published over 300 peer-reviewed papers, book chapters and books and has received funding from a variety of sources including NIH, Department of Defense and the American Foundation for Suicide Prevention.

Chaplain, Lieutenant Colonel, Sarah A. Shirley

Chaplain, Lieutenant Colonel, Sarah A. Shirley is Senior Chaplain, Florida Air National Guard (FLANG), St. Augustine, FL. The first Air Force chaplain to be permanently detailed to FLANG Headquarters, she is responsible to the Commander for developing and implementing plans and policies,

as well as providing guidance, pastoral care and support to Headquarters staff, FLANG Chaplains and Chaplain Assistants. She advises leaders on matters of religious accommodation and expression, ethical concerns, and quality of life issues. She assists the Florida National Guard (FLNG) Joint Force Headquarters Chaplain as he directs the Command Religious Support Program for 12,000 Florida Guardsmen and their families, and represents all Air Force interests on the statewide Chaplain Corps leadership team. Chaplain Shirley is currently activated to direct resilience, diversity, and family support programs at Headquarters, Air Force Special Operations Command. Chaplain Shirley was ordained to the ministry in 1993. In addition to military chaplaincy she has served as pastor, hospital chaplain, community-based health care chaplain, teacher, leadership coach, spiritual director and executive of non-profit organizations in Illinois, Nevada, Tennessee, Florida and Austria. She is a priest in the Episcopal Diocese of Washington (DC) and a resident of Fort Walton Beach, FL.

Koby L. South

Koby L. South serves as a Project Manager for VA Mental Health Services' public awareness and education campaigns, including: Make the Connection and the Veterans Crisis Line. In this role, he oversees the day-to-day operations of the multi-million dollar, award-winning, national efforts and ensures both campaigns are achieving their goals and deliverables. Mr. South's professional efforts since joining VA in 2009 have focused largely on strategic communications (communicating the best message, through the right channels, measured against well-considered organizational and communications-specific goals), and national campaign management. Mr. South earned his B.A. in English and his M.A. in Technical and Professional Rhetoric at New Mexico State University. He completed an internship program with the National Aeronautics and Space Administration (NASA) in 2003 and accepted a full-time position with the government the same year. In 2009, he accepted a communication specialist position with VA. Mr. South has assisted on a variety of campaigns, including: Homeless, Caregivers, Paralympics, the rebranding of the Department of Veterans Affairs and Veterans Health Administration as well as other large, strategic communication efforts. He continues to serve in this capacity on a variety of campaign's including Make the Connection and the Veterans Crisis Line.

Barbara A. Thompson

As Director of the Office of Family Policy/Children and Youth/Special Needs, Ms. Thompson is responsible for programs and policies that promote military families' well-being, readiness and quality of life. In this capacity, she has oversight for Department of Defense child development and youth programs, which serve 700,000 children (birth-18) daily at over 300 locations worldwide. Ms. Thompson has purview over military family readiness programs, including spouse well-being and career advancement, personal financial readiness, and the Joint Family Support Assistance Program, which serves geographically dispersed military members and their families. She also has oversight of the Family Advocacy Program and Exceptional Family Member Program. Prior to assuming her current duties, Ms. Thompson coordinated support programs for severely injured Service members and their families and supported the rebuilding of the Ministry of Education in Iraq. Before joining the Office of Deputy Assistant Secretary of Defense for Military Community and Family Policy, Ms. Thompson spent 18 years with Air Force family programs, most recently as the Child Development Program and Youth Training and Curriculum Specialist at Air Force Headquarters. During her tenure with the Air Force, Ms. Thompson was an integral member of the team that helped over 98% of Air Force child development programs achieve accreditation by the National Association for the Education of Young Children. A leader in the field of early childhood education, Ms. Thompson was chosen as one of only 11 Harris fellows to participate in ZERO TO THREE's prestigious Leaders for the 21st Century program. This leadership development initiative provided experienced professionals with an established record of leadership and achievement with an opportunity to collaborate with top leaders from many disciplines and receive assistance for an innovative project aimed at improving the lives of young children. Ms. Thompson was selected as the 2014 recipient of the Ellen Richards Public Service Award which honors a nationally recognized leader who has a significant history of promoting and advancing the Human Sciences. Ms. Thompson graduated cum laude from St. Louis University with a Bachelors of

Arts degree in Early Education and Spanish. She received her Master's degree in Management from Troy State University.

Caitlin Thompson, PhD

Caitlin Thompson, Ph.D., is the Department of Veterans Affairs' Deputy Director in Suicide Prevention and currently directs the policy and direction of the VA Suicide Prevention Program. She is responsible for policy development, provider and patient education in the areas of suicide awareness and prevention, implementing assessment and treatment strategies, and the dissemination of new findings in the area of suicide throughout the VA system. Prior to this role, Dr. Thompson spent five years as the Clinical Care Coordinator for the National Veterans Crisis Line and Veterans Chat service. A licensed clinical psychologist, she completed post-doctoral fellowship work in suicide research at the University of Rochester and the Denver VA Medical Center. In 2012, she spent five months detailed as the VA Liaison for the DoD's Defense Suicide Prevention Office. Dr. Thompson completed her Bachelor's degree in music at Brown University and her Master's degree and Doctorate in clinical psychology at the University of Virginia.

Staci L. Vileta, M.Ed.

Ms. Staci L. Vileta is the Psychological Performance Program Manager for the Preservation of the Force and Family Task Force (POTFF-TF) HQ, USSOCOM. Ms. Vileta is responsible for identifying programs and resources to increase the resiliency of Special Operations Forces military personnel and their spouses. Prior to assuming the position with USSOCOM, Ms. Vileta was the Sexual Assault Response Coordinator (SARC), 6th Air Mobility Wing, MacDill AFB, Florida. Ms. Vileta was responsible for developing and managing the installation Sexual Assault Prevention and Response (SAPR) Program for the 6th Air Mobility Wing, two COCOMS, and 32 other tenant units encompassing over 12,000 military members and 5,000 spouses. Ms. Vileta was born in Cedar Rapids, Iowa and graduated from Kennedy High School in 1986. In 1990, she graduated from Augustana College in Rock Island, Illinois with a B.A. in Psychology and Business Administration. Ms. Vileta returned to school at the University of Maryland College Park and completed her M.Ed. in Counseling and Personnel Services in 1996. She completed her SARC training at Wright-Patterson AFB, Ohio in June 2005. Ms. Vileta worked for the University of Maryland European Division as a field representative and professor from 1993-1998 and deployed to Bosnia for six months in 1997. In 1998 she accepted a position as the Family Advocacy Program Assistant, Dyess AFB, Texas. In 2000, she began her civil service career as the Family Advocacy Outreach Manager. She developed the Interim Sexual Assault Response Program in 2003 and led Team Dyess through Air Force IG Site Visits and Air Combat Command (ACC) IG Inspections. She was by-name requested to join the ACC IG Team as a Nuclear Surety Inspection Augmentee and traveled on six inspections from 2004-2007. She became the Sexual Assault Response Coordinator at Dyess AFB when the official program launched in 2005 and moved to MacDill in 2010.

Adam Walsh, PhD

Dr. Walsh is section head of Community Counseling and Prevention Services for the USMC. He has 15 years of experience providing clinical counseling and assessment services to civilians and Military personnel and families. In addition, he has expertise in conducting suicide research; developing suicide and integrated prevention programs and interventions for at risk populations.

Ph.D. in social work from the University of North Carolina at Chapel Hill—Post-Doctoral Fellowship in Suicide Prevention and Intervention Research: Clinical Psychology Department George Mason University

- Dissertation: Suicide among the Homeless

MSW in clinical social work from the University of Nebraska

- Licensed Clinical Social Worker (2000- present)

CH (COL) Thomas C. Waynick

CH (COL) Thomas C. Waynick is an Iraq combat veteran and currently the Fort Benning Garrison Chaplain. He holds three master's degrees and has served as the Clinical Director and Supervisor of the Fort Benning Family Life Training Center. He is a licensed Marriage and Family Therapist. He is a Diplomate in the American Association of Pastoral Counselors, a Diplomate in the College of Pastoral Supervision and Psychotherapy, and a Clinical Member and Approved Supervisor of the American Association for Marriage and Family Therapy. He has written several book chapters for counseling textbooks, as well as journal articles and is a frequent speaker on topics concerning trauma and the military family.

Hal Wortzel, PhD

Dr. Wortzel graduated from Amherst College majoring in Biology in 1996 and then went on to medical school at NYU, graduating AOA in 2001. He completed his training in general psychiatry at the University of Colorado in 2005, serving as Chief Resident for the University's Outpatient and Consultation-Liaison services. Following residency, Dr. Wortzel completed the University of Colorado's Fellowship in Forensic Psychiatry. He then went on to complete a two year combined fellowship integrating the University's Behavioral Neurology & Neuropsychiatry Fellowship with the VA's MIRECC Fellowship in Advanced Psychiatry, emphasizing research in suicidology. He now brings his combined training and skills as a forensic neuropsychiatrist to the Denver VA's VISN 19 MIRECC, where he serves as Director of Neuropsychiatric Consultation Services, Director of the MIRECC Physician Fellowship, and Co-Director of the VA Suicide Risk Management Consultation Program. Dr. Wortzel is an associate professor of Psychiatry, Neurology, and Physical Medicine & Rehabilitation at the University of Colorado. He serves as the Michael K. Cooper Professor of Neurocognitive Disease, Director of the Neuropsychiatry Service, and as faculty for the Division of Forensic Psychiatry.

Dr. Wortzel maintains a private practice in Forensic Neuropsychiatry & Behavioral Neurology. Current areas of clinical and academic focus include aggression and suicide in the context of PTSD and TBI, incarcerated veterans, and the application of emerging neuroscientific tools to the legal arena.

Eileen Zeller, MPH

Eileen Zeller, MPH, is Lead Public Health Advisor for the Suicide Prevention Branch within the Center for Mental Health Services, in the Substance Abuse and Mental Health Services Administration (SAMHSA), an operating division of the U.S. Department of Health and Human Services. In this role she provides guidance and leadership to a team of public health professionals within the Suicide Prevention Branch, which manages grant programs including the National Suicide Prevention Lifeline, Suicide Prevention Resource Center, Garrett Lee Smith (GLS) State/Tribal Youth Suicide Prevention Program, GLS Campus Suicide Prevention Program, National Strategy for Suicide Prevention, and Native Connections. She provides national leadership in a variety of areas, including ensuring that SAMHSA's suicide prevention efforts are integrated with those of the Department of Veterans Affairs; and serving as government project officer for the Suicide Prevention Resource Center, and for SAMHSA's Service Members, Veterans, and their Families (SMVF) Technical Assistance Center. She has managed six SMVF Policy Academies, which provide intensive assistance to help 46 states develop and implement strategic plans to improve their behavioral health systems for service members, veterans, and their families. Ms. Zeller is active in the National Action Alliance for Suicide Prevention, a public/private partnership whose goal is to advance the National Strategy for Suicide Prevention. Ms. Zeller holds a Master of Public Health degree from the University of North Carolina and a BA from Rutgers University.

