## Schedule At A Glance

(Schedule is subject to change)

### DAY 1 - 10 AM – 5:30 PM EDT

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 – 10:10 AM</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td>10:10 – 10:30 AM</td>
<td>Welcoming Remarks</td>
</tr>
<tr>
<td>10:30 – 11:20 AM</td>
<td>Keynotes with Honored Guests</td>
</tr>
<tr>
<td>11:30 – 12:30 PM</td>
<td>30-MINUTE INTERMISSION</td>
</tr>
<tr>
<td>1:00 – 2:00 PM</td>
<td>Special Session: Highlighting the Critical Role Families and Caregivers Play in Suicide Prevention: Caring For the Caregiver</td>
</tr>
<tr>
<td>2:00 – 2:10 PM</td>
<td>Remarks From Honored Guest</td>
</tr>
<tr>
<td>2:30 – 4:00 PM</td>
<td>20-MINUTE INTERMISSION/ACTIVITY</td>
</tr>
<tr>
<td>4:05 – 4:55 PM</td>
<td>Special Session: Supporting Service Member and Veteran Readiness and Well-Being During the Military-to-Civilian Transition</td>
</tr>
</tbody>
</table>

### DAY 2 - 9:30 AM – 5:30 PM EDT

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 – 10:00 AM</td>
<td>Networking</td>
</tr>
<tr>
<td>10:00 – 10:55 AM</td>
<td>Keynotes with Honored Guests</td>
</tr>
<tr>
<td>11:00 – 11:55 AM</td>
<td>5-MINUTE INTERMISSION</td>
</tr>
<tr>
<td>11:00 – 11:05 AM</td>
<td>BREAKOUT SESSION #1</td>
</tr>
<tr>
<td>11:00 – 11:05 AM</td>
<td>Poster</td>
</tr>
<tr>
<td></td>
<td>A Public Health Approach to Addressing the Deadly Gap: Utilizing the PREVENTS Strategy in a Peer Sponsorship Program</td>
</tr>
</tbody>
</table>
11:00 – 11:15 AM  
- **Lightning A**  
Help-Seeking Among Psychi atrically Hospitalized Military Personnel at Risk For Suicide  
- **Lightning B**  
Designing For Zero: Leveraging Zero Suicide and VHA’s High Reliability Journey to Prevent Veteran Suicide in Manchester, NH

11:00 – 11:55 AM  
- **Campfire A**  
Comprehensive Public Health Approach to Military Suicide Prevention: Translating Seven Evidence-Informed Strategies into Actionable Initiatives  
- **Campfire B**  
Financial Well-Being and Suicide Risk in Veterans: From Research to Intervention  
- **Campfire C**  
Coaching Into Care (CIC): The Role of CIC and Family Members in Suicide Prevention For Veterans Not Engaged in Care  
- **Campfire D**  
The Global Pandemic and Well-Being Within Military and Veterans Communities: Potential Impacts, Current Actions, and Future Possibilities  
- **Campfire E**  
Addressing the High-Risk Intersection of Alcohol, Firearms, and Suicide Through Research, Policy, and Practice  
- **Campfire F**  
“Army of One” No More: The Army’s Embedded Performance Experts Work to Influence Unit Culture  
- **Campfire G**  
Lessons Learned Implementing REACH VET: A Suicide Predictive Modeling Clinical Program

11:20 – 11:35 AM  
- **Lightning A**  
Improving Implementation of Suicide Prevention Strategies: Evaluation of AWP’s Community Integration Model  
- **Lightning B**  
Expanding Access: Suicide Prevention and Substance Misuse and Abuse Care in the Virtual Space

11:40 – 11:55 AM  
- **Lightning A**  
CDC’s Strategic Plan For Suicide Prevention With a Focus on Veterans  
- **Lightning B**  
Firearm Suicide Prevention: Stakeholder Views on Community Options For Temporary, Voluntary Storage

11:40 – 11:55 AM  
- **Lightning A**  
CDC’s Strategic Plan For Suicide Prevention With a Focus on Veterans  
- **Lightning B**  
Firearm Suicide Prevention: Stakeholder Views on Community Options For Temporary, Voluntary Storage

**30-MINUTE INTERMISSION**

12:30 – 1:25 PM  
**BREAKOUT SESSION #2**

12:30 – 12:35 PM  
- **Poster**  
Continuous Identity Cognitive Therapy (CI-CT): Identity-Based Treatment For Veterans With Suicidality

12:30 – 12:45 PM  
- **Lightning A**  
Differentiating Risk Factors Related to Religion and Spirituality For Suicide Ideation and Attempts Among Post 9/11 Veterans  
- **Lightning B**  
Increasing Access to Suicide Prevention and Outpatient Care Among Rural Veterans Through the Home-Based Mental Health Evaluation (HOME) Program

12:30 – 1:25 PM  
- **Campfire A**  
Critical Collaborations: Applying Lessons Learned From VA/SAMHSA Challenge Models to Engage Partners in the CDC Seven Strategies  
- **Campfire B**  
Updating CDC’s Technical Package For Suicide Prevention: New Evidence and Application For Use in Times of Infrastructure Disruption  
- **Campfire C**  
Suicide Prevention in the Digital Age: Using a Mobile App to Create a Safety Plan  
- **Campfire D**  
Making Every Connection Count: Therapeutic Risk Management Approach to Welfare Checks  
- **Campfire E**  
Design For Life: Applying Design Thinking to Veteran Suicide Prevention  
- **Campfire F**  
Ask, Care, Escort – Suicide Intervention: The Army’s Only Mandated Suicide Intervention Training
Campfire G
Educating on Safe Messaging on Suicide in the Military Community

12:50 – 12:55 PM
Poster
Pathways Day Activities Center Creates Connection

12:50 – 1:05 PM
Lightning A
Meeting Airmen Where They’re At: A Department-Wide Effort to Obtain Airmen’s Feedback on Resilience and Prevention... and Act!

Lightning B
TelePRIDE: Innovations in Healthcare Access and Social Connection For LGBT Veterans During the Pandemic

1:10 – 1:15 PM
Poster
Assessment and Management of Patients at Risk For Suicide - 2019 VA/DoD Clinical Practice Guideline

1:10 – 1:25 PM
Lightning A
Today’s VA Knows How to Meet Women Veterans’ Mental Health Care Needs to Enhance Resilience and Reduce Suicide Risks

Lightning B
Beliefs Among Veteran Firearm Owners Regarding When Clinicians Should Discuss Firearm Safety With Patients

5- MINUTE INTERMISSION

1:30 – 2:25 PM

BREAKOUT SESSION #3

1:30 – 1:35 PM
Poster
Restricting Access to Lethal Means Through COVID-19 Pandemic

1:30 – 1:45 PM
Lightning A
Evidence-Based Strategies to Reduce Suicide in the United States Military

Lightning B
Firearm Suicide Prevention in Older Adults: Owners’ Perspectives on “Firearm Retirement”

1:30 – 2:25 PM

Campfire A
Evaluation Capacity and Beyond: Supporting Veteran Serving Organizations For Suicide Prevention

Campfire B
Mechanisms For Implementation of VA National Suicide Prevention Programs

Campfire C
Going SLO For Prevention: Implementation and Evaluation of Lethal Means Safety in the Department of the Air Force

Campfire D
I’ve Got Your Six: Training Soldiers to Intervene With Battle Buddies at Risk

Campfire E
The Army’s Embedded Performance Experts in Action: Teaching and Coaching Psychological Skills and Concepts

Campfire F
An Intervention to Address Barriers to Care and Normalize Help-Seeking Among Military Spouses

1:50 – 1:55 PM
Poster
Reducing Suicide by Providing Cognitive Behavioral Therapy

1:50 – 2:05 PM
Lightning A
A Multi-Prong Approach to Assessing Suicide Deaths Among Military Family Members

Lightning B
Lethal Means Access During the COVID-19 Pandemic: Understanding Changes in Veterans’ Access to Firearms

5- MINUTE INTERMISSION

2:30 – 3:25 PM

BREAKOUT SESSION #4
2:30 – 2:35 PM
- Poster
Strengthening Community Suicide Crisis Intervention Through Crisis Intercept Mapping

2:30 – 2:45 PM
- Lightning A
Partnering With FFLs to Provide Voluntary Storage of Firearms
- Lightning B
From Risk to Resilience: Preferences and Needs For Community Engagement After Psychiatric Hospitalization

2:30 – 3:25 PM
- Campfire A
Military Culture and the Implementation of Community-Based Suicide Prevention
- Campfire B
Recognizing and Mitigating Suicide Risk Among Transgender Veterans
- Campfire C
Preventing Veteran Firearm Suicide: What Clinicians Can Do
- Campfire D
Leveraging Simulated Training to Enhance DoD and VA Chaplains' Connectedness With Suicidal Service Members and Veterans
- Campfire E
Promoting Connectedness in the Navy: Empowering Sailors to Remain Resilient through Rough Seas
- Campfire F
The Power of Sharing Narrative: Journaling, Structured Writing, and Music as Coping For Anxiety, Depression, PTSD, and Suicide Risk For Veterans
- Campfire G
Impact of a Zero Suicide Approach on Suicide Attempts, Completions, & Psychiatric Hospitalizations in the USAF

2:50 – 2:55 PM
- Poster
Social Support and Social Stress Are Associated With Depressive Symptoms and Hopelessness Among Military Suicidal Inpatients

2:50 – 3:05 PM
- Lightning A
VA's Behavioral Health Autopsy Program (BHAP): Family Interview Findings on Lethal Means
- Lightning B
Q28 – Building Social Connectedness in the Reserve Component During the Other 28 Days

3:10 – 3:25 PM
- Lightning A
Bringing us to Tiers: Development and Implementation of Tiered Annual Training For the Department of the Air Force
- Lightning B
Art-Making Workshops and Veterans at Elevated Risk For Suicide: Psychological Benefits and Engagement With VA Resources

5- MINUTE INTERMISSION

3:30 – 4:25 PM
BREAKOUT SESSION #5

3:30 – 3:35 PM
- Poster
Suicide Postvention in Garrison: Lessons Learned From Army Leaders, Behavioral Health Providers, and Chaplains

3:30 – 3:45 PM
- Lightning A
Overview of a Veteran Peer Outreach Project Designed to Reduce Veteran Suicides by Engaging Veterans Who Are Not in VA Health Care
- Lightning B
The Impact of Complementary and Integrative Health (CIH) Interventions and Their Relevance to Suicide Prevention

3:30 – 4:25 PM
- Campfire A
Suicide Prevention Skills For Providers: A Model For Post-Training Consultation
- Campfire B
Toward Fewer Firearm Related Suicides: Understanding the Concept of Firearm Safety Among Service Members and Veterans
- Campfire C
Update on Making the Environment Safe For Suicidal Veterans in VHA
- Campfire D
Shifting the Mindset on Help-Seeking in the Military: REACH Field Test Results and Next Steps
- Campfire E
Basic Connections: The Development of a Course For Coping With Failure in Basic Combat Training
- Campfire F
The Expiration Term of Service Sponsorship Program: An Evidence-Based Approach to Foster Social Support, Mitigate Transition Stress, and Prevent Suicide For Transitioning Service Members
3:50 – 4:05 PM
- **Lightning A**
  Peer-Supported Psychosocial Interventions For Service Members and Veterans: A Systematic Review

- **Lightning B**
  Mental Health Treatment Engagement Following Suicide Risk Screening in the Veterans Health Administration

4:10 – 4:15 PM
- **Poster**
  Suicide Prevention Among Veterans: Understanding Veterans’ and Gun Dealers’ Preferences For Firearm Storage Outside the Home

4:10 – 4:25 PM
- **Lightning A**
  Ready For Action: Utilizing a Scorecard Tool to Advance State-Level Suicide Prevention Efforts

**15-MINUTE INTERMISSION/ACTIVITY**

4:40 – 5:00 PM
**Day 2 Closing Remarks From Honored Guest**

5:00 – 5:30 PM
**Networking**

**DAY 3 - 9:30 AM – 4:20 PM EDT**

9:30 – 10:00 AM
**Networking**

10:00 – 10:05 AM
**Welcome to Day 3**

10:05 – 10:20 AM
**Day 3 Opening Remarks From Honored Guest**

10:20 – 11:20 AM
- **Special Session:**
  Strengthening Economic Supports For Service Members, Veterans, and Their Families

**10-MINUTE INTERMISSION/ACTIVITY**

11:30 AM – 11:35 AM
- **Poster**
  Suicide Risk and Frontal Brain Volume in Female Veterans

11:30 – 11:45 AM
- **Lightning A**
  Mindfulness-Based Cognitive Therapy For Preventing Suicide in Military Veterans: A Randomized Clinical Trial

- **Lightning B**
  From Data to Action: Development of a High-Risk Index Tool For State-Level Upstream Veteran Suicide Prevention Efforts

11:30 – 12:25 PM
- **Campfire A**
  Talking About What Works: Emergent Themes From a Military-Affiliated Suicide Prevention Podcast Series

- **Campfire B**
  Got Culture?: Bridging Research and Practice to Implement Culturally Responsive Resilience and Prevention Messaging

- **Campfire C**
  Building New Models For Military Suicide Death Reviews: Challenges and Lessons Learned From the US and UK

- **Campfire D**
  Suicide Postvention in VA: Programs, Perspectives and Future Directions

- **Campfire E**
  CAPE (Creating a Protective Environment): An Intervention to Engage Community Partners in Suicide Awareness and Lethal Means Safety

- **Campfire F**
  Developing, Applying and Implementing PREVENTS Focus Areas and Recommendations Through a Veteran Suicide Prevention Community Task Force

11:50 AM – 12:05 PM
- **Lightning A**
  Protocol: Hybrid Effectiveness-Implementation Trial of a Dialectical Behavior Therapy Skills Group For Veterans at High-Risk For Suicide Attempt

- **Lightning B**
  Next “Step(s)” in Suicide Prevention: Making our Veteran/ Patients “Sweat” About Their Mental Health

12:10 – 12:25 PM
- **Lightning A**
  Utilizing the Couple Relationship to Prevent Suicide: Preliminary Examination of Treatment For Relationships and Safety Together (TR&ST)
12:20 – 12:25 PM

Poster
Suicide Risk Following Veterans Crisis Line Calls by Veterans in VHA Care, 2010-2018

35-MINUTE INTERMISSION

1:00 – 1:55 PM

BREAKOUT SESSION #2

1:00 – 1:05 PM

Poster
The Interacting Effects of Arrest, Major Depression, and Substance Use Disorders on Self-Harm Behavior in Adult Men

1:00 – 1:15 PM

Lightning A
LivingWorks’ Role in Helping Create Suicide Safer Military Communities

Lightning B
Recruiting, Retaining, and Engaging Transitioning Service Members in VA Suicide Prevention Services & Community Services

1:00 – 1:55 PM

Campfire A
Leveraging Implementation Science to Implement and Refine the Zero Suicide Model

Campfire B
Integrating Efforts to Prevent and End Suicide Within VHA Homeless Programs

Campfire C
Community Mobilization, The First Line of Defense

Campfire D
988: Improving Behavioral Health Crisis Care Through the Veterans Crisis Line and National Suicide Prevention Lifeline

Campfire E
Connections Between Suicide Risk and Intimate Partner Violence: Examples in the LGBTQ Veteran Community

Campfire F
How to Earn Suicide Prevention Mass Media Messaging Through Community Partnerships

Campfire G
Filling Remaining Gaps in the DoD’s Suicide Risk Care Procedures

1:20 – 1:35 PM

Lightning A
Suicide Prevention and Postvention as a Leadership Skill: A Developmental, Tiered Approach to Air Force Professional Military Education

Lightning B
Validation of a Computerized Adaptive Test Suicide Scale (CAT-SS) Among United States Military Veterans

1:40 – 1:55 PM

Poster
The Suicide Prevention and Recovery Care-Coordination (SPARC) Program Development Initiative

5-MINUTE INTERMISSION

2:00 – 2:55 PM

BREAKOUT SESSION #3

2:00 – 2:05 PM

Poster
Transitioning From Inpatient Psychiatric Care: Reflections From Recently Psychiatrically Hospitalized Veterans

2:00 – 2:15 PM

Lightning A
Tiered Innovations: Development and Demonstration of a Department of the Air Force Virtual Reality Suicide Prevention Training

Lightning B
Evidence-Based Care after Hospitalization: Risk Management and Interventions

2:00 – 2:55 PM

Campfire A
High- and Low-Risk Markers of Suicide Risk: Medication Use and Polypharmacy in Older Veterans

Campfire B
Creative Suicide Prevention Interventions For Older Adults
Campfire C
The Army’s Deployment Cycle Resilience Training: Enhancements to Promote Suicide Protective Factors For Soldiers and Their Circle of Support

Campfire D
Continuous Remote Monitoring of Imminent Suicide Risk: From “Caring Contacts” to AI-Augmented Care in Vulnerable Populations

Campfire E
How the Military Can Lead on Data Driven Suicide Prevention: Leveraging Industry Assets and Analytics to Understand High Risk Populations

Campfire F
Essential Partnership: How to Foster VA & Community Collaboration For Upstream Veteran Suicide Prevention

2:20 – 2:25 PM

Poster
Trauma-Informed Healing: Yoga and Mindfulness-Based Practice For Suicide Prevention in Service Members, Veterans, and Military Families

2:20 – 2:35 PM

Lightning A
The Family Tier: Development, Implementation, and Utilization of an Online Suicide Prevention Training For Air Force Families

Lightning B
Perceived Changes in Service Members’ Social Interactions Following Psychiatric Hospitalization For a Suicidal Crisis

2:40 – 2:55 PM

Lightning A
ASCEND For Veteran Suicide Prevention: Developing a National, Recurring, Population-Based Survey of Self-Directed Violence

Lightning B
Stay in the Fight: Encouraging Veterans and Service Members to Seek Mental Health Treatment to Help Their Comrades

5-MINUTE INTERMISSION

3:00 – 3:55 PM

BREAKOUT SESSION #4

3:00 – 3:15 PM

Lightning A
Nonfatal Suicidal Behaviors Among Former Active Duty Service Members—United States, 2013–2019

Lightning B
Couples Crisis Response Planning For Suicide Prevention Among Active Duty Service Members Hospitalized For Suicidality

Lightning C
Rational Thinking, Emotion Regulation and Problem Solving (REPS): Development/Feasibility of a Universal Approach For Military Suicide Prevention

3:00 – 3:55 PM

Campfire A

Campfire B
Risk-Based Proactive Case Management: A Multi-State Trial

Campfire C
The Manifestation of the Suppressed Emotion in Uniformed Personnel

Campfire D
Putting Postvention as Prevention into Action Across the Air Force: The Development and Codification of a Wing-Level Postvention Plan

Campfire E
Translating Survivors’ Voices into Actionable Postvention Support For the Military Community

3:20 – 3:25 PM

Poster
Warrior Resiliency Workshops For Service Members

3:20 – 3:35 PM

Lightning A
Utilization Review of Patient Record Suicide Risk Flags in a VA Healthcare System

Lightning B
Evaluation of PsychArmor’s Online Suicide Prevention and Postvention Training Library

Lightning C
Suicide Prevention in the National Guard: Visualizing Solutions

5-MINUTE INTERMISSION

4:00 – 4:20 PM

Closing Remarks & Closing Ceremony
OBJECTIVE 1: Understand and apply the CDC's seven evidence-informed, broad strategies for suicide prevention.

OBJECTIVE 2: Strengthen economic supports (STRATEGY 1) in the community or area of practice to impact suicide prevention efforts, such as household financial security and housing stabilization policies.

OBJECTIVE 3: Strengthen access and delivery of suicide care (STRATEGY 2) in their community or area of practice by increasing help-seeking, reducing barriers to care, and improving access to care and resources (e.g., coverage of mental health in health insurance, provider shortages, and suicide care).

OBJECTIVE 4: Create protective environments (STRATEGY 3) in their community or area of practice through the reduction of access to lethal means, safe storage of lethal means, and review of organizational and community-based policies and culture.

OBJECTIVE 5: Promote connectedness (STRATEGY 4) in their community or area of practice through peer support programs and other community engagement activities, as well as improving workplace morale/cohesion.

OBJECTIVE 6: Teach coping and problem-solving skills (STRATEGY 5) such as social-emotional learning programs and family relationship programs that impact suicide prevention efforts.

OBJECTIVE 7: Identify and support people at risk (STRATEGY 6) of suicide through support tools such as gatekeeper training, crisis intervention, and treatment.

OBJECTIVE 8: Apply approaches to lessen harms and prevent future risk (STRATEGY 7) in their community or area of practice through postvention and safe reporting and messaging about suicide.

OBJECTIVE 9: Leverage community and interagency approaches around mental health and suicide; and apply existing best practices, research, and programs in our communities.