News and Announcements

September is Suicide Prevention Awareness Month

Join us this month to promote the theme, Connect to Protect: Support is Within Reach, using the DSPO Suicide Prevention Awareness Month Toolkit. The toolkit features resources for promoting suicide prevention, including posters, a pledge, a campaign fact sheet, public service announcements, social media tools, and more. Help us promote engagement and encourage help-seeking behavior.

Honorees of the 2021-2022 Suicide Prevention Recognition Ceremony

DSPO honors and recognizes the following installation programs for their dedication to saving lives and increasing suicide prevention awareness:

- Army: U.S. Army Garrison, Rheinland-Pfalz, Kaiserslautern, Germany
- Army National Guard: Guam Army National Guard, Barrigada, Guam
- Marine Corps: Marine Aircraft Group 12, Iwakuni, Japan
- Navy: Naval Special Warfare SOCOM, San Diego, California

Congratulations to this year’s recognition recipients for their exceptional suicide prevention outreach efforts!

Resource Spotlight

Firearms Safety During a Permanent Change of Station (PCS) Fact Sheet

Did you know that a gun safe does not count against a PCS weight limit? The fact sheet explains this new rule, as well as the importance of practicing lethal means safety during a hectic and stressful time.
A.C.T. Fact Sheets for Older Children

DSPO and DODEA produced a new fact sheet promoting Acknowledge, Care, Tell for suicide prevention. The fact sheet for older children encourages looking out for friends and taking care of yourself. It also features a parent’s corner about calmly discussing suicide.

New Podcast Series: Mental Health is Health

DSPO is producing a podcast series available on Buzzsprout about suicide prevention and mental health. Our first podcast with the National Action Alliance for Suicide Prevention is about promoting hope. You can also listen on DPSO.mil.

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<tr>
<th>Happening Soon</th>
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<tbody>
<tr>
<td><strong>Suicide Prevention Recognition Ceremony</strong></td>
<td>DSPO will recognize the 2021-2022 suicide prevention program recipients at the Hall of Heroes. Deputy Secretary of Defense Kathleen Hicks will present remarks.</td>
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<td><strong>Special Forces Foundation: Shatter the Silence, Suicide Prevention Awareness</strong></td>
<td>DSPO is excited to attend this event for the first time to offer resources and engage with participants.</td>
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<td><strong>Mark Center Outreach</strong></td>
<td>DSPO and partner agencies will hand out materials and engage with the community. Stop by our table and learn more.</td>
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<td><strong>Pentagon Outreach</strong></td>
<td>Stop by and visit with DSPO and partner agencies to receive informational materials and learn more.</td>
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<td><strong>Air Force Marathon</strong></td>
<td>DSPO will staff an outreach table with promotional materials and engage with participants.</td>
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