SUICIDE PREVENTION MONTH

SEPTEMBER 2018

YOU'RE
STRONG.

YOU'RE
READY.

YOU'RE
ESSENTIAL.

Make it Your Mission to...
#BeThere

DEFENSE SUICIDE PREVENTION OFFICE
www.DSPO.mil

Veterans Crisis Line | Military Crisis Line
1-800-273-8255 PRESS 1

5 WAYS I AM HERE FOR YOU

PLACE STAMP HERE

1. _____
2. _____
3. _____
4. _____
5. _____

Make it Your Mission to...
#BeThere

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