



### *SBHP Protects Your Privacy*

The SBHP is a public registry and no identifying information is kept about database searches.



### *Are you in crisis?*

Are you feeling desperate, alone or hopeless? Call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255), a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be

routed to the nearest crisis center to you. Call for yourself or someone you care about. It is a free and confidential network of more than 150 crisis centers nationwide.

### *Disclaimer*

Please note: The Star Behavioral Health Providers database exists to provide you a list of behavioral health providers who have received training about issues that are common to the military. The database does not replace your responsibility to do all you can to ensure that a behavioral health provider is a good match for you and your particular situation.

Star Behavioral Health Providers does not endorse, recommend, guarantee, or provide any type of payment to, the providers listed. The registry simply allows you to search for a provider who has received training on military topics. As the consumer, you need to find the provider who you want to work with and ask questions about his or her licensure, experience and education.

Star Behavioral Health Providers does ask for proof of licensure before entering names into the registry; however, you should verify the current status of licensure at the time you enter treatment. Star Behavioral Health Providers makes no representation, guarantee or warranty about the quality, credentials, or services provided by any of the listed providers.



# **STAR BEHAVIORAL HEALTH PROVIDERS**

Civilian Professionals. *Military Sensitivity.*

Service members, veterans, military family members, and friends are all impacted by military life. It can present challenges that are both unique and complicated. Often times we are able to work through issues on our own, but in some cases these issues can get worse. It is during these times that we should seek help from professionals who are trained in military-specific subjects, and can address the special challenges we face.

**STAR BEHAVIORAL HEALTH PROVIDERS (SBHP)** is an online public registry you can use to search for behavioral health professionals in Indiana with specialized training specific to the mental health of military service members and their families.



### *About the Collaborators*

Star Behavioral Health Providers is a initiative of the Indiana National Guard, The National Guard Bureau's Psychological Health Program, the Military Family Research Institute (MFRI) at Purdue University, the Indiana Family and Social Services Administration (FSSA), and the Center for Deployment Psychology.



### *About the Registry*

The providers listed in the registry have been trained in caring for your emotional health. In general you will find Licensed Clinical Social Workers, Psychologists, Licensed Mental Health Counselors, Licensed Marriage and Family Therapists and Licensed Clinical Addiction Counselor.

The registry shows training levels but does not guarantee competency; once you choose a provider based upon the trainings he or she has completed, you will want to verify his or her credentials and see if the counselor is right for you.

For specific details about the training please visit the SBHP website at [www.starproviders.org](http://www.starproviders.org).

### **SEARCHING FOR A PROVIDER**

In this registry, you will find a list of specifically-trained behavioral health providers who have an interest in caring for the behavioral health of current and retired service members and their families. These providers have been trained in military-related topics and how to serve military personnel and their families.

As you search the registry, the training tiers completed by each provider will be listed for you so you can make an informed decision about the provider you are selecting. If you do not find a provider, please talk with someone who can refer you to a provider near you or call 317-247-3155 to reach the Director of Psychological Health, who can assist you with finding a provider.

### **TO ACCESS THE REGISTRY**

If you are interested in finding an appropriate provider, please visit [www.starproviders.org](http://www.starproviders.org). Here you will be able to access the SBHP registry, as well as additional information and resources specifically provided for service members and their families.