

MISSION AND VISION

Mission

Advance holistic, data-driven suicide prevention in our military community through policy, oversight, and engagement to positively impact individual beliefs and behaviors, as well as instill systemic culture change.

Vision:

Unwavering pursuit of a mission-ready, suicide-free military community.



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www.dspo.mil

RESOURCES





Make it Your Mission to...

#BeThere

DEFENSE SUICIDE PREVENTION OFFICE

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TALKING ABOUT SUICIDE ONLINE

DEFENSE SUICIDE PREVENTION OFFICE

IMPORTANT POINTS FOR COVERING SUICIDE

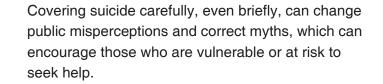


Risk of additional suicides increases when the story explicitly describes the suicide method, uses dramatic/graphic headlines or images, and repeated/extensive coverage sensationalizes or glamorizes a death.



The magnitude of the increase is related to the amount, duration, and prominence of coverage.







SUICIDE IS A PUBLIC HEALTH ISSUE

The Defense Strategy for Suicide Prevention, aligned with the National Strategy for Suicide Prevention, advocates a public health approach to suicide prevention. Public health is the science and art of promoting health, preventing disease, and prolonging life through the strength of a connected and educated community.

The public health approach is widely regarded as the approach that is mostly likely to produce significant and sustained reductions in suicide.

Source:

Suicide Prevention Resource Center, Suicide Prevention: The Public Health Approach

SUGGESTIONS FOR ONLINE MEDIA, MESSAGE BOARDS, BLOGGERS & CITIZEN JOURNALISTS

- ✓ Bloggers, citizen journalists and public commentators can help prevent suicide by using positive language about help-seeking and not sensationalizing or glorifying suicide. Do not report on specific methods and storylines regarding the suicide.
- ✓ Include stories of hope and recovery, and information on how to overcome suicidal thinking, increase coping skills, and increase help-seeking.
- ✓ The potential for online reports, social media posts, photos/videos, and stories to go viral makes it vital that online coverage of suicide follows site or industry safety recommendations.

More Information and Resources at: www.reportingonsuicide.org

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